



Nutrition Guide

Printed on 10-30-2014 . Information can change frequently, so check www.DunkinDonuts.com for the most current information.

Before placing your order, please inform your server if a person in your party has a food allergy.

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
AM Snacks																	
Brown Sugar Flavored Oatmeal with Dried Fruit Topping	1 Serving	300	35	4	1	0	0	470	61	6	28	7	40	0	20	45	
Hash Browns	9 Pieces	200	100	11	1.5	0	0	730	22	3	0	2	0	4	2	2	
Hash Browns	6 piece	130	70	7	1	0	0	480	15	2	0	1	0	2	2	2	
Original Oatmeal with Dried Fruit Topping	1 Serving	270	35	4	1	0	0	140	54	6	22	7	40	0	20	80	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Bagel Twist																
Cheddar Cheese Bagel Twist	1 Bagel Twist	390	70	8	4.5	0	20	770	65	4	7	16	6	0	15	20
Cinnamon Raisin Bagel Twist	1 Bagel Twist	350	10	1	0	0	0	510	72	4	20	12	0	0	4	20

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Bagels																
Blueberry Bagel	1 Bagel	320	5	1	0	0	0	570	68	4	12	11	0	0	2	20
Cinnamon Raisin Bagel	1 Bagel	320	10	1	0	0	0	500	66	4	14	12	0	0	4	20
Everything Bagel	1 Bagel	340	25	3	0	0	0	630	67	5	7	12	0	2	6	20
Garlic Bagel	1 Bagel	330	10	1	0	0	0	630	69	5	7	12	0	2	2	20
Multigrain Bagel	1 Bagel	350	60	7	0.5	0	0	450	63	8	8	15	0	0	6	50
Onion Bagel	1 Bagel	310	10	1	0	0	0	500	63	3	4	11	0	2	2	20
Plain Bagel	1 Bagel	310	5	1	0	0	0	620	64	4	7	11	0	0	2	20
Poppy Seed Bagel	1 Bagel	340	35	3.5	0.5	0	0	630	66	5	7	12	0	0	10	25
Pretzel Salt Bagel	1 Bagel	310	5	1	0	0	0	3380	64	4	7	11	0	0	2	20
Sesame Seed Bagel	1 Bagel	350	45	4.5	1	0	0	630	65	5	7	12	0	0	2	20

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Bagels																	
Sour Cream and Onion Bagel	1 Bagel	330	15	1.5	0	0	0	1050	66	3	6	13	2	10	8	20	
Spinach Artichoke Supreme Bagel	1 Bagel	390	60	6	3.5	0	15	840	67	5	7	16	4	8	15	20	
Whole Wheat Bagel	1 Bagel	320	15	2	0	0	0	590	61	7	10	13	0	0	4	15	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Bakery Sandwiches																
BBQ Chicken Sandwich	1 Sandwich	590	170	19	6	0	60	1420	74	3	10	30	4	2	20	30
Bacon Ancho Chicken Sandwich	1 Sandwich	640	220	25	7	0	65	1620	70	3	7	34	6	0	20	35
Bacon Ranch Chicken Sandwich	1 Sandwich	660	250	27	8	0	65	1620	69	3	6	34	4	0	20	35
Chicken Salad Wrap	1 Wrap	500	310	34	9	0	70	1220	24	1	3	23	6	2	25	10
Chicken Salad on a Croissant	1 Sandwich	580	340	38	11	0	45	910	42	2	6	17	2	2	4	15
Deluxe Grilled Cheese with Bacon	1 Sandwich	550	290	33	14	0.5	45	1140	41	1	4	22	10	0	40	15
Deluxe Grilled Cheese with Ham	1 Sandwich	530	270	30	13	0.5	55	1210	41	1	4	22	10	0	40	15
Grilled Chicken Flatbread Sandwich	1 Sandwich	360	110	12	3.5	0	65	1020	35	3	4	28	4	0	15	10
Ham and Cheese on a French Roll	1 Sandwich	440	130	14	6	0	50	1380	54	2	3	24	6	0	20	30
Snack 'n Go Chicken Wrap - Breaded Chicken	1 Wrap	320	170	19	6	0	45	720	20	1	2	17	4	0	15	6
Texas Toast Grilled Cheese	1 Sandwich	510	270	30	13	0.5	40	940	41	1	3	18	10	0	40	15
Tuna Melt on a Croissant	1 Sandwich	680	430	47	15	0	60	1010	42	2	5	23	6	0	20	15
Tuna Salad Sandwich on a Plain Bagel	1 Sandwich	570	220	24	3.5	0	35	1130	69	4	7	22	2	0	2	20
Tuna Salad Sandwich on an English Muffin	1 Sandwich	400	210	24	3.5	0	35	630	34	7	2	15	2	0	8	10
Tuna Salad Wrap	1 Wrap	520	330	37	9	0	65	1180	25	1	2	24	6	0	25	8
Turkey Cheddar Bacon on a French Roll	1 Sandwich	460	130	14	6	0	50	1370	55	3	4	28	6	2	20	35

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Beverage Flavors																
Flavor Shot in Medium Beverage	1 Shot	10	0	0	0	0	0	0	1	0	0	0	0	0	0	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Breakfast Sandwiches																	
Angus Steak and Egg Sandwich	1 Sandwich	570	170	19	10	1	125	1300	67	4	7	33	4	0	15	30	
Angus Steak and Egg Wake Up Wrap	1 Wrap	230	120	14	7	0.5	65	570	13	1	1	14	4	0	10	6	
Bacon, Egg & Cheese on Biscuit	1 Sandwich	470	240	27	14	0.5	75	1310	38	1	4	18	6	0	15	15	
Bacon, Egg & Cheese on Croissant	1 Sandwich	480	240	27	12	0	70	940	40	2	6	19	6	0	15	15	
Bacon, Egg & Cheese on English Muffin	1 Sandwich	290	90	10	4.5	0	70	700	32	7	2	16	4	0	20	10	
Bacon, Egg & Cheese on a Plain Bagel	1 Sandwich	460	100	11	4.5	0	70	1200	67	4	7	23	4	0	10	20	
Big n' Toasted™	1 Sandwich	530	250	28	10	0	110	1360	43	1	4	26	6	0	15	15	
Chicken Biscuit	1 Sandwich	540	250	28	11	0	35	1380	51	2	6	21	0	0	4	20	
Egg & Cheese on Biscuit	1 Sandwich	420	210	23	13	0.5	70	1100	37	1	4	14	6	0	15	15	
Egg & Cheese on Croissant	1 Sandwich	440	210	24	11	0	70	730	40	2	5	15	6	0	15	15	
Egg & Cheese on English Muffin	1 Sandwich	240	60	7	3.5	0	70	490	32	7	2	12	4	0	20	10	
Egg & Cheese on a Plain Bagel	1 Sandwich	410	70	7	3.5	0	70	980	67	4	7	19	4	0	10	20	
Egg White Turkey Sausage Flatbread	1 Sandwich	280	70	8	3	0	15	770	32	3	4	18	8	0	20	10	
Egg White Veggie Flatbread	1 Sandwich	280	90	10	4	0	20	690	32	3	3	16	6	0	20	10	
Glazed Donut Breakfast Sandwich	1 Sandwich	360	180	20	8	0	60	720	32	1	13	13	4	0	2	8	
Ham, Egg & Cheese on Biscuit	1 Sandwich	450	220	24	13	0.5	80	1380	38	1	4	18	6	0	15	15	
Ham, Egg & Cheese on Croissant	1 Sandwich	460	220	25	11	0	80	1010	40	2	5	20	6	0	15	15	
Ham, Egg & Cheese on English Muffin	1 Sandwich	280	70	8	3.5	0	95	770	34	7	3	17	4	0	20	10	
Ham, Egg & Cheese on a Plain Bagel	1 Sandwich	440	70	8	4	0	80	1260	67	4	7	24	4	0	10	20	
Sausage Biscuit	1 Sandwich	530	330	36	17	0	45	1260	36	1	3	14	2	0	6	20	
Sausage, Egg & Cheese on Biscuit	1 Sandwich	630	380	43	20	0	115	1620	38	2	4	22	6	0	15	20	
Sausage, Egg & Cheese on Croissant	1 Sandwich	650	390	43	18	0	115	1250	41	2	5	24	6	0	15	20	
Sausage, Egg & Cheese on English Muffin	1 Sandwich	450	240	26	11	0	115	1010	32	7	2	21	6	0	20	15	
Sausage, Egg & Cheese on a Plain Bagel	1 Sandwich	620	240	26	11	0	115	1510	67	4	7	27	6	0	15	25	
Sliced Turkey Breakfast Sandwich	1 Sandwich	310	80	9	3.5	0	85	1100	33	3	3	24	4	0	15	10	
Southwest Steak Burrito	1 Burrito	350	170	19	8	0.5	235	1140	30	1	4	15	6	2	10	15	
Spicy Smoked Sausage Breakfast Sandwich	1 Sandwich	440	220	24	9	0	110	1140	35	7	3	20	6	0	20	15	
Turkey Sausage Breakfast Sandwich	1 Sandwich	390	150	17	6	0	155	860	35	7	2	23	6	0	20	15	

Coffee	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Blueberry Coffee Small	10 fl oz	15	0	0	0	0	0	5	2	0	0	0	0	0	0	0	0
Caramel Coffee Small	10 fl oz	10	0	0	0	0	0	5	2	0	0	0	0	0	0	0	0
Caramel Coffee with Cream Large	20 fl oz	340	110	12	7	0	45	120	53	0	49	6	8	2	20	2	
Caramel Coffee with Cream Medium	14 fl oz	250	80	9	5	0	30	90	40	0	37	4	6	2	15	2	
Caramel Coffee with Cream Small	10 fl oz	170	50	6	3.5	0	20	60	27	0	24	3	4	0	10	2	
Caramel Coffee with Cream XLarge	24 fl oz	420	130	15	9	0	55	150	66	0	61	7	10	2	25	2	
Caramel Mocha Coffee Large	20 fl oz	230	5	0	0	0	0	40	53	1	48	3	0	0	6	0	
Caramel Mocha Coffee Medium	14 fl oz	170	5	0	0	0	0	30	39	1	36	2	0	0	4	0	
Caramel Mocha Coffee Small	10 fl oz	110	0	0	0	0	0	20	26	1	24	2	0	0	2	0	
Caramel Mocha Coffee XLarge	24 fl oz	280	5	0	0	0	5	50	66	2	60	4	2	0	6	0	
Caramel Mocha Coffee with Cream Large	20 fl oz	340	110	12	7	0	40	65	55	1	48	5	8	0	10	0	
Caramel Mocha Coffee with Cream Medium	14 fl oz	260	80	9	6	0	30	50	41	1	36	3	6	0	8	0	
Caramel Mocha Coffee with Cream Small	10 fl oz	170	50	6	3.5	0	20	30	27	1	24	2	4	0	6	0	
Caramel Mocha Coffee with Cream XLarge	24 fl oz	430	140	15	9	0	55	80	68	2	60	6	10	2	15	0	
Coconut Coffee Small	10 fl oz	10	0	0	0	0	0	5	1	0	0	0	0	0	0	0	0
Coffee Extra Large	24 fl oz	15	0	0	0	0	0	15	2	0	0	1	0	0	0	0	0
Coffee Large	20 fl oz	10	0	0	0	0	0	15	2	0	0	1	0	0	0	0	0
Coffee Medium	14 fl oz	10	0	0	0	0	0	10	1	0	0	1	0	0	0	0	0
Coffee Small	10 fl oz	5	0	0	0	0	0	5	1	0	0	0	0	0	0	0	0
Coffee with Cream Small	10 fl oz	60	50	6	4	0	20	20	2	0	0	1	4	0	2	0	0
Coffee with Cream and Sugar Small	10 fl oz	120	50	6	4	0	20	20	19	0	17	1	4	0	2	0	0
Coffee with Milk Small	10 fl oz	25	10	1	1	0	5	20	2	0	1	1	0	0	4	0	0
Coffee with Milk and Sugar Small	10 fl oz	80	10	1	1	0	5	20	20	0	19	1	0	0	4	0	0
Coffee with Skim Milk Small	10 fl oz	15	0	0	0	0	0	25	3	0	2	2	0	0	4	0	0
Coffee with Skim Milk and Splenda Large	20 fl oz	45	0	0	0	0	0	40	8	0	3	3	2	0	8	0	0
Coffee with Skim Milk and Splenda Medium	14 fl oz	30	0	0	0	0	0	30	6	0	2	2	0	0	6	0	0
Coffee with Skim Milk and Splenda Small	10 fl oz	25	0	0	0	0	0	20	5	0	2	1	2	0	4	0	0
Coffee with Skim Milk and Sugar Small	10 fl oz	70	0	0	0	0	0	25	20	0	19	2	0	0	4	0	0
Coffee with Splenda Large	20 fl oz	25	0	0	0	0	0	15	5	0	0	1	0	0	0	0	0
Coffee with Splenda Medium	14 fl oz	15	0	0	0	0	0	10	3	0	0	1	0	0	0	0	0
Coffee with Splenda Small	10 fl oz	15	0	0	0	0	0	5	3	0	0	0	0	0	0	0	0
Coffee with Sugar Small	10 fl oz	60	0	0	0	0	0	5	18	0	17	0	0	0	0	0	0

Coffee	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
French Vanilla Coffee Small	10 fl oz	10	0	0	0	0	0	5	1	0	0	0	0	0	0	0
French Vanilla Swirl Hot Coffee Large	20 fl oz	230	0	0	0	0	5	75	53	0	49	3	2	0	10	0
French Vanilla Swirl Hot Coffee Medium	14 fl oz	170	0	0	0	0	5	50	39	0	36	2	2	0	6	0
French Vanilla Swirl Hot Coffee Small	10 fl oz	110	0	0	0	0	0	35	26	0	24	2	0	0	4	0
French Vanilla Swirl Hot Coffee XLarge	24 fl oz	280	0	0	0	0	5	90	65	0	60	4	2	0	10	0
French Vanilla Swirl Hot Coffee with Cream Large	20 fl oz	340	100	12	7	0	45	95	54	0	48	5	10	0	15	0
French Vanilla Swirl Hot Coffee with Cream Medium	14 fl oz	260	80	9	5	0	35	70	41	0	36	4	8	0	10	0
French Vanilla Swirl Hot Coffee with Cream Small	10 fl oz	170	50	6	3.5	0	20	45	27	0	24	2	4	0	8	0
French Vanilla Swirl Hot Coffee with Cream XLarge	24 fl oz	430	130	15	9	0	55	115	68	0	60	6	10	2	20	0
Hazelnut Coffee Large	20 fl oz	25	0	0	0	0	0	15	2	0	0	1	0	0	0	0
Hazelnut Coffee Medium	14 fl oz	15	0	0	0	0	0	10	1	0	0	1	0	0	0	0
Hazelnut Coffee Small	10 fl oz	10	0	0	0	0	0	5	1	0	0	0	0	0	0	0
Hazelnut Coffee XLarge	24 fl oz	30	0	0	0	0	0	15	2	0	0	1	0	0	0	0
Hazelnut Swirl Hot Coffee Large	20 fl oz	230	0	0	0	0	5	70	53	0	48	3	2	0	8	0
Hazelnut Swirl Hot Coffee Medium	14 fl oz	170	0	0	0	0	5	50	39	0	36	2	2	0	6	0
Hazelnut Swirl Hot Coffee Small	10 fl oz	110	0	0	0	0	0	35	26	0	24	2	0	0	4	0
Hazelnut Swirl Hot Coffee XLarge	24 fl oz	280	0	0	0	0	5	90	66	0	60	4	2	0	10	0
Hazelnut Swirl Hot Coffee with Cream Large	20 fl oz	340	100	12	7	0	45	95	55	0	48	5	10	0	15	0
Hazelnut Swirl Hot Coffee with Cream Medium	14 fl oz	260	80	9	5	0	35	70	41	0	36	4	8	0	10	0
Hazelnut Swirl Hot Coffee with Cream Small	10 fl oz	170	50	6	3.5	0	20	45	27	0	24	2	4	0	8	0
Hazelnut Swirl Hot Coffee with Cream XLarge	24 fl oz	430	130	15	9	0	55	115	68	0	60	6	10	2	20	0
Hot Coffee with Almond Milk Large	20 fl oz	45	10	1	0	0	0	75	8	0	6	1	4	0	8	0
Hot Coffee with Almond Milk Medium	14 fl oz	30	5	0.5	0	0	0	50	6	0	4	1	2	0	6	0
Hot Coffee with Almond Milk Small	10 fl oz	20	5	0	0	0	0	25	3	0	2	1	2	0	2	0
Hot Coffee with Almond Milk XLarge	24 fl oz	60	10	1.5	0	0	0	95	11	1	8	1	6	0	10	2
Mocha Coffee Large	20 fl oz	230	10	1	0	0	0	40	52	2	46	3	0	0	0	0
Mocha Coffee Medium	14 fl oz	170	0	0.5	0	0	0	30	39	2	34	2	0	0	0	0
Mocha Coffee Small	10 fl oz	110	0	0	0	0	0	20	26	1	23	1	0	0	0	0
Mocha Swirl Coffee Extra Large	24 fl oz	280	10	1	0.5	0	0	50	65	3	57	3	0	0	0	0

Coffee	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Mocha Swirl Coffee Large	20 fl oz	230	10	1	0	0	0	40	52	2	46	3	0	0	0	0
Mocha Swirl Coffee Medium	14 fl oz	170	0	0.5	0	0	0	30	39	2	34	2	0	0	0	0
Mocha Swirl Coffee Small	10 fl oz	110	0	0	0	0	0	20	26	1	23	1	0	0	0	0
Mocha Swirl Coffee with Cream Extra Large	24 fl oz	430	140	16	10	0	50	75	68	3	57	5	10	0	8	0
Mocha Swirl Coffee with Cream Large	20 fl oz	340	110	12	8	0	40	60	54	2	46	4	8	0	6	0
Mocha Swirl Coffee with Cream Medium	14 fl oz	260	80	9	6	0	30	45	41	2	34	3	6	0	4	0
Mocha Swirl Coffee with Cream Small	10 fl oz	170	50	6	4	0	20	30	27	1	23	2	4	0	2	0
Peppermint Mocha Coffee Large	20 fl oz	250	5	1	0	0	0	70	60	2	52	2	0	0	2	10
Peppermint Mocha Coffee Medium	14 fl oz	190	5	0.5	0	0	0	50	45	2	39	2	0	0	0	8
Peppermint Mocha Coffee Small	10 fl oz	120	5	0	0	0	0	35	30	1	26	1	0	0	0	4
Peppermint Mocha Coffee Xlarge	24 fl oz	310	10	1	0.5	0	0	85	75	3	65	3	0	0	2	10
Peppermint Mocha Coffee with Cream Large	20 fl oz	360	110	12	8	0	40	90	62	2	52	4	8	0	6	10
Peppermint Mocha Coffee with Cream Medium	14 fl oz	270	80	9	6	0	30	65	46	2	39	3	6	0	6	8
Peppermint Mocha Coffee with Cream Small	10 fl oz	180	60	6	4	0	20	45	31	1	26	2	4	0	4	4
Peppermint Mocha Coffee with Cream Xlarge	24 fl oz	450	140	16	10	0	50	110	77	3	66	5	10	2	8	10
Pumpkin Creme Brulee Hot Coffee Large	20 fl oz	230	0	0	0	0	5	100	52	0	49	4	0	0	10	0
Pumpkin Creme Brulee Hot Coffee Medium	14 fl oz	170	0	0	0	0	0	75	39	0	37	3	0	0	8	0
Pumpkin Creme Brulee Hot Coffee Small	10 fl oz	110	0	0	0	0	0	50	26	0	24	2	0	0	6	0
Pumpkin Creme Brulee Hot Coffee XLarge	24 fl oz	280	0	0	0	0	5	125	65	0	61	5	2	2	15	0
Pumpkin Creme Brulee Hot Coffee with Cream Large	20 fl oz	340	110	12	7	0	45	120	54	0	49	5	8	2	15	0
Pumpkin Creme Brulee Hot Coffee with Cream Medium	14 fl oz	260	80	9	5	0	30	90	41	0	37	4	6	2	15	0
Pumpkin Creme Brulee Hot Coffee with Cream Small	10 fl oz	170	50	6	3.5	0	20	60	27	0	24	3	4	0	8	0
Pumpkin Creme Brulee Hot Coffee with Cream XLarge	24 fl oz	430	130	15	9	0	55	150	68	0	61	6	10	2	20	0
Pumpkin Hot Coffee Large	20 fl oz	220	0	0	0	0	0	125	50	0	48	4	0	2	15	0
Pumpkin Hot Coffee Medium	14 fl oz	170	0	0	0	0	0	95	38	0	36	3	0	2	10	0
Pumpkin Hot Coffee Small	10 fl oz	110	0	0	0	0	0	65	25	0	24	2	0	0	6	0
Pumpkin Hot Coffee XLarge	24 fl oz	280	0	0	0	0	0	150	63	0	60	5	0	2	15	0
Pumpkin Hot Coffee with Cream Large	20 fl oz	340	110	12	7	0	40	150	53	0	48	5	8	2	20	0

Coffee	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Pumpkin Hot Coffee with Cream Medium	14 fl oz	250	80	9	6	0	30	110	39	0	36	4	6	2	15	0
Pumpkin Hot Coffee with Cream Small	10 fl oz	170	50	6	3.5	0	20	75	26	0	24	3	4	2	10	0
Pumpkin Hot Coffee with Cream XLarge	24 fl oz	420	130	15	9	0	50	180	65	0	60	7	10	4	25	0
Pumpkin Mocha Hot Coffee Large	20 fl oz	230	5	0	0	0	0	85	53	1	48	3	0	0	8	0
Pumpkin Mocha Hot Coffee Medium	14 fl oz	170	5	0	0	0	0	65	40	1	36	3	0	0	6	0
Pumpkin Mocha Hot Coffee Small	10 fl oz	120	0	0	0	0	0	45	26	1	24	2	0	0	4	0
Pumpkin Mocha Hot Coffee XLarge	24 fl oz	290	5	0.5	0	0	0	110	66	1	60	4	0	2	8	0
Pumpkin Mocha Hot Coffee with Cream Large	20 fl oz	350	110	12	8	0	40	110	55	1	48	5	8	2	15	0
Pumpkin Mocha Hot Coffee with Cream Medium	14 fl oz	260	80	9	6	0	30	80	41	1	36	4	6	2	10	0
Pumpkin Mocha Hot Coffee with Cream Small	10 fl oz	170	50	6	4	0	20	45	27	1	23	3	4	0	6	0
Pumpkin Mocha Hot Coffee with Cream XLarge	24 fl oz	430	140	15	9	0	50	135	69	1	60	6	10	2	15	0
Raspberry Coffee Small	10 fl oz	15	0	0	0	0	0	5	2	0	0	0	0	0	0	0
Snickerdoodle Cookie Hot Coffee Large	20 fl oz	230	0	0	0	0	5	75	53	0	49	3	2	0	10	0
Snickerdoodle Cookie Hot Coffee Medium	14 fl oz	170	0	0	0	0	5	55	39	0	37	3	2	0	6	0
Snickerdoodle Cookie Hot Coffee Small	10 fl oz	110	0	0	0	0	0	35	26	0	25	2	0	0	4	0
Snickerdoodle Cookie Hot Coffee XLarge	24 fl oz	280	0	0	0	0	5	90	66	0	62	4	2	0	10	0
Snickerdoodle Cookie Hot Coffee with Cream Large	20 fl oz	340	100	12	7	0	45	95	55	0	50	5	10	0	15	0
Snickerdoodle Cookie Hot Coffee with Cream Medium	14 fl oz	260	80	9	5	0	35	70	41	0	37	4	8	0	10	0
Snickerdoodle Cookie Hot Coffee with Cream Small	10 fl oz	170	50	6	3.5	0	20	50	27	0	25	2	4	0	8	0
Snickerdoodle Cookie Hot Coffee with Cream XLarge	24 fl oz	430	130	15	9	0	55	120	68	0	62	6	10	2	20	2
Sugar Cookie Hot Coffee Large	20 fl oz	230	0	0	0	0	5	75	53	0	50	3	2	0	8	0
Sugar Cookie Hot Coffee Medium	14 fl oz	170	0	0	0	0	5	55	40	0	37	3	2	0	6	0
Sugar Cookie Hot Coffee Small	10 fl oz	110	0	0	0	0	0	35	27	0	25	2	0	0	4	0
Sugar Cookie Hot Coffee XLarge	24 fl oz	290	0	0	0	0	5	90	66	0	62	4	2	0	10	0
Sugar Cookie Hot Coffee with Cream Large	20 fl oz	350	100	12	7	0	45	95	55	0	50	5	10	0	15	0
Sugar Cookie Hot Coffee with Cream Medium	14 fl oz	260	80	9	5	0	35	70	41	0	37	4	8	0	10	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Coffee																	
Sugar Cookie Hot Coffee with Cream Small	10 fl oz	170	50	6	3.5	0	20	50	28	0	25	2	4	0	8	0	
Sugar Cookie Hot Coffee with Cream XLarge	24 fl oz	430	130	15	9	0	55	120	68	0	62	6	10	2	20	2	
Toasted Almond Coffee Small	10 fl oz	10	0	0	0	0	0	5	1	0	0	0	0	0	0	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Cookies																	
Chocolate Chip Cookie	1 Cookie	170	50	6	3	0	20	190	29	1	17	3	4	0	2	10	
Oatmeal Raisin Cookie	1 Cookie	160	45	5	2.5	0	15	95	28	1	19	2	4	0	2	4	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Coolatta																	
Frozen Snickerdoodle Cookie Coffee Coolatta with Cream Large	32 fl oz	990	420	47	29	1.5	165	210	141	0	129	9	35	4	35	2	
Frozen Snickerdoodle Cookie Coffee Coolatta with Cream Medium	24 fl oz	740	310	35	22	1	120	150	106	0	97	7	25	2	25	0	
Frozen Snickerdoodle Cookie Coffee Coolatta with Cream Small	16 fl oz	500	210	23	14	0.5	80	105	71	0	65	5	15	2	15	0	
Frozen Snickerdoodle Cookie Coffee Coolatta with Skim Milk Large	32 fl oz	600	0	0	0	0	10	210	145	0	141	11	10	0	40	2	
Frozen Snickerdoodle Cookie Coffee Coolatta with Skim Milk Medium	24 fl oz	450	0	0	0	0	5	160	108	0	106	8	8	0	30	0	
Frozen Snickerdoodle Cookie Coffee Coolatta with Skim Milk Small	16 fl oz	300	0	0	0	0	5	105	72	0	71	5	6	0	20	0	
Frozen Snickerdoodle Cookie Coffee Coolatta with Whole Milk Large	32 fl oz	670	70	8	4.5	0	30	210	144	0	141	10	10	0	40	2	
Frozen Snickerdoodle Cookie Coffee Coolatta with Whole Milk Medium	24 fl oz	500	50	6	3.5	0	20	160	108	0	105	8	8	0	30	0	
Frozen Snickerdoodle Cookie Coffee Coolatta with Whole Milk Small	16 fl oz	330	35	4	2.5	0	15	105	72	0	70	5	4	0	20	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Coolatta																	
Frozen Sugar Cookie Coffee Coolatta with Cream Large	32 fl oz	990	420	47	29	1.5	165	210	142	0	129	9	35	4	35	0	
Frozen Sugar Cookie Coffee Coolatta with Cream Medium	24 fl oz	740	310	35	22	1	120	150	106	0	97	7	25	2	25	0	
Frozen Sugar Cookie Coffee Coolatta with Cream Small	16 fl oz	500	210	23	14	0.5	80	105	71	0	65	5	15	2	15	0	
Frozen Sugar Cookie Coffee Coolatta with Skim Milk Large	32 fl oz	610	0	0	0	0	10	210	145	0	141	11	10	0	40	0	
Frozen Sugar Cookie Coffee Coolatta with Skim Milk Medium	24 fl oz	450	0	0	0	0	5	160	109	0	106	8	8	0	30	0	
Frozen Sugar Cookie Coffee Coolatta with Skim Milk Small	16 fl oz	300	0	0	0	0	5	105	73	0	71	5	6	0	20	0	
Frozen Sugar Cookie Coffee Coolatta with Whole Milk Large	32 fl oz	670	70	8	4.5	0	30	210	145	0	141	10	10	0	40	0	
Frozen Sugar Cookie Coffee Coolatta with Whole Milk Medium	24 fl oz	500	50	6	3.5	0	20	160	108	0	106	8	8	0	30	0	
Frozen Sugar Cookie Coffee Coolatta with Whole Milk Small	16 fl oz	340	35	4	2.5	0	15	105	72	0	70	5	4	0	20	0	
Minute Maid® Orange Coolatta® Large	32 fl oz	410	0	0	0	0	0	50	107	0	102	1	0	0	2	0	
Minute Maid® Orange Coolatta® Medium	24 fl oz	310	0	0	0	0	0	35	80	0	77	1	0	0	2	0	
Minute Maid® Orange Coolatta® Small	16 fl oz	200	0	0	0	0	0	25	53	0	51	1	0	0	0	0	
Strawberry Fruit Coolatta® Large	32 fl oz	470	0	0	0	0	0	70	115	0	114	0	0	40	2	0	
Strawberry Fruit Coolatta® Medium	24 fl oz	350	0	0	0	0	0	55	86	0	85	0	0	30	2	0	
Strawberry Fruit Coolatta® Small	16 fl oz	230	0	0	0	0	0	35	57	0	57	0	0	20	0	0	
Vanilla Bean Coolatta® Large	32 fl oz	850	110	12	7	0	45	300	184	0	174	6	8	0	25	2	
Vanilla Bean Coolatta® Medium	24 fl oz	630	80	9	5	0	30	220	138	0	130	4	6	0	20	2	
Vanilla Bean Coolatta® Small	16 fl oz	420	50	6	3.5	0	20	150	92	0	87	3	4	0	10	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Cream Cheese																	
Plain Cream Cheese Spread	1 Unit (50g)	150	130	15	9	0.5	40	250	3	0	3	3	10	0	4	0	
Reduced Fat Blueberry Cream Cheese Spread - 25% Less Fat than Cream Cheese Spread	1 Unit (50g)	150	80	9	6	0	25	210	15	0	11	2	6	0	2	0	
Reduced Fat Onion & Chive Cream Cheese Spread - 25% Less Fat than Cream Cheese Spread	1 Unit (50g)	130	100	11	7	0	35	250	6	0	3	3	10	2	6	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Cream Cheese																	
Reduced Fat Plain Cream Cheese Spread - 50% Less Fat than Regular Cream Cheese	1 Unit (50g)	100	70	8	5	0	25	250	5	0	2	4	10	0	6	0	
Reduced Fat Strawberry Cream Cheese Spread - 25% Less Fat than Cream Cheese Spread	1 Unit (50g)	150	90	10	6	0	30	200	15	0	11	2	6	0	4	0	
Reduced Fat Veggie Cream Cheese Spread - 25% Less Fat than Cream Cheese Spread	1 Unit (50g)	120	90	10	6	0	30	240	6	0	2	2	20	8	4	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Danish																	
Apple Cheese Danish	1 Danish	330	150	16	7	0	0	270	41	1	18	4	0	10	2	8	
Cheese Danish	1 Danish	330	150	17	8	0	5	270	39	1	17	5	0	10	4	8	
Strawberry Cheese Danish	1 Danish	320	150	16	7	0	0	260	40	1	18	4	0	10	2	8	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Donuts																	
Apple Crumb Donut	1 Donut	490	160	18	9	0	0	350	80	2	49	4	2	0	0	8	
Apple n Spice Donut	1 Donut	270	130	14	6	0	0	350	32	1	8	3	2	0	2	6	
Bavarian Kreme Donut	1 Donut	270	140	15	7	0	0	350	31	1	9	4	2	0	0	6	
Blueberry Cake Donut	1 Donut	340	150	17	8	0	30	570	44	1	21	4	0	0	8	10	
Blueberry Crumb Cake Donut	1 Donut	380	160	18	8	0	30	390	53	1	26	4	0	0	2	10	
Blueberry Crumb Donut	1 Donut	500	160	18	9	0	0	350	84	2	52	4	2	0	2	8	
Boston Kreme Donut	1 Donut	310	140	16	7	0	0	370	39	1	16	3	2	0	0	8	
Boston Scream Donut	1 Donut	310	140	16	7	0	0	360	40	1	19	3	2	0	0	8	
Bow Tie Donut	1 Donut	310	140	15	7	0	0	400	39	1	15	4	0	0	0	8	
Butternut Donut	1 Donut	520	220	25	13	0	25	310	78	2	47	4	4	0	2	8	
Caramel Spice Donut	1 Donut	290	150	16	7	0	0	350	33	1	11	4	2	0	4	6	
Chocolate Caramel Donut	1 Donut	340	150	17	7	0.5	0	370	42	1	20	4	2	0	4	8	
Chocolate Coconut Cake Donut	1 Donut	550	350	39	25	0	0	390	47	2	22	5	0	0	2	15	
Chocolate Crumb Cake Donut	1 Donut	380	190	22	9	0	0	490	43	2	22	4	0	0	2	10	
Chocolate Frosted Cake Donut	1 Donut	370	210	23	10	0	25	320	45	1	20	4	4	0	2	8	
Chocolate Frosted Coffee Roll	1 Coffee Roll	410	170	19	8	0	0	420	53	3	19	7	0	0	4	15	
Chocolate Frosted Donut	1 Donut	270	140	15	7	0	0	340	31	1	13	3	2	0	0	8	

Donuts	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Chocolate Frosted Donut with Sprinkles	1 Donut	290	140	16	7	0	0	340	34	1	14	3	2	0	0	8
Chocolate Glazed Cake Donut	1 Donut	370	220	24	11	0	0	390	35	1	17	3	0	0	2	8
Chocolate Iced Bismark	1 Bismark	390	170	19	8	0	0	360	52	2	21	5	0	0	2	10
Chocolate Kreme Filled Donut	1 Donut	370	190	21	10	0	0	370	42	1	21	4	2	0	2	8
Chocolate Peanut Butter Kreme Donut	1 Donut	360	170	19	8	0	0	360	43	1	24	3	2	0	0	8
Cinnamon Cake Donut	1 Donut	340	200	22	10	0	25	300	38	1	13	3	4	0	2	8
Cinnamon Cake Stick	1 Stick	350	160	18	8	0	35	420	44	2	19	4	2	0	4	10
Cinnamon Guava Donut	1 Donut	250	130	14	6	0	0	340	28	1	8	3	2	20	2	8
Coconut Caramel Donut	1 Donut	350	160	18	8	0.5	0	370	44	1	20	4	2	0	4	8
Coconut Caramel Drizzle Donut	1 Donut	300	160	17	8	0	0	360	33	1	11	4	2	0	4	8
Coconut Guava Donut	1 Donut	310	150	16	8	0	0	350	39	1	17	3	2	20	0	6
Coffee Roll	1 Coffee Roll	400	160	18	7	0	0	400	53	3	19	7	0	0	4	10
Croissant Donut	1 Croissant Donut	300	120	14	8	0	20	230	39	2	12	4	0	0	0	8
Crumb Cake Donut	1 Donut	380	180	20	9	0	25	330	46	1	25	4	4	0	2	8
Double Chocolate Cake Donut	1 Donut	380	230	25	11	0	0	410	36	2	17	4	0	0	2	10
Dulce de Chocolate Donut	1 Donut	350	150	17	7	0	5	360	45	1	21	4	2	0	4	8
Dulce de Leche Donut	1 Donut	290	140	16	7	0	0	340	31	1	10	4	2	0	4	6
Eclair	1 Eclair	390	170	19	8	0	0	360	52	2	21	5	0	0	2	10
Fall Harvest Donut	1 Donut	290	140	16	7	0	0	340	35	1	15	3	2	0	0	6
French Cruller	1 Donut	220	140	15	7	0	35	100	18	0	10	2	0	0	0	2
Frosted Berry Shortcake Donut	1 Donut	350	170	19	8	0	0	360	43	1	24	3	2	0	0	6
Frosted Maple Kreme Donut	1 Donut	360	170	19	8	0	0	360	44	1	25	3	2	0	0	6
Frosted Strawberry Dream Donut	1 Donut	360	170	19	8	0	0	360	44	1	25	3	2	0	0	6
Glazed Apple Maple Donut	1 Donut	310	130	14	6	0	0	350	41	1	17	3	2	0	0	6
Glazed Bavarian Kreme Donut	1 Donut	290	130	15	7	0	0	350	37	1	15	3	2	0	0	6
Glazed Cake Donut	1 Donut	360	200	22	10	0	25	300	44	1	19	3	4	0	2	6
Glazed Cake Stick	1 Stick	370	160	18	8	0	35	420	48	1	23	4	2	0	2	10
Glazed Caramel Donut	1 Donut	330	140	16	7	0	0	350	41	1	19	4	2	0	4	6
Glazed Chocolate Cake Stick	1 Stick	390	220	25	11	0	0	540	40	2	17	3	0	0	2	10
Glazed Chocolate Kreme Donut	1 Donut	360	170	19	8	0	0	370	44	1	22	4	2	0	0	8
Glazed Donut	1 Donut	260	130	14	6	0	0	330	31	1	12	3	2	0	0	6
Glazed Guava Donut	1 Donut	280	130	14	6	0	0	340	36	1	15	3	2	20	0	6
Glazed Jelly Donut	1 Donut	310	130	14	6	0	0	340	43	1	14	3	2	0	0	6
Glazed Lemon Donut	1 Donut	300	130	15	7	0	0	350	39	1	17	3	2	0	0	6
Glazed Strawberry Donut	1 Donut	320	130	14	6	0	0	350	45	1	21	3	2	2	2	6
Glazed Vanilla Kreme Donut	1 Donut	370	180	19	8	0	0	360	44	1	25	3	2	0	0	6
Guava Burst Donut	1 Donut	260	130	15	7	0	0	340	29	1	9	3	2	20	0	6
Guayaba Burst Donut	1 Donut	300	140	15	7	0	0	330	38	1	15	4	2	0	0	6
Jelly Donut	1 Donut	270	130	14	6	0	0	330	32	1	15	3	2	0	0	6
Jelly Stick	1 Stick	420	160	18	8	0	35	440	60	1	20	4	2	0	2	10

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Donuts																	
Lemon Filled Donut	1 Donut	270	140	15	7	0	0	350	31	1	9	4	2	0	0	6	
Maple Crumb Cake Donut	1 Donut	380	180	20	9	0	25	330	45	1	25	4	4	0	2	8	
Maple Frosted Coffee Roll	1 Coffee Roll	410	170	19	8	0	0	410	54	3	20	7	0	0	4	10	
Maple Frosted Donut	1 Donut	270	140	15	7	0	0	340	32	1	14	3	2	0	0	6	
Maple Kreme Donut	1 Donut	320	170	19	8	0	0	350	36	1	17	4	2	0	0	6	
Maple Kreme Drizzle Donut	1 Donut	370	170	19	8	0	0	360	47	1	28	3	2	0	0	6	
Marble Frosted Donut	1 Donut	270	140	15	7	0	0	340	32	1	13	3	2	0	0	8	
Old Fashioned Cake Donut	1 Donut	320	200	22	10	0	25	300	33	1	9	3	4	0	10	6	
PB&J Flavored Kreme Donut	1 Donut	360	170	19	8	0	0	360	44	1	26	3	2	0	0	6	
Peanut Butter Flavored Kreme Donut	1 Donut	320	170	19	8	0	0	350	36	1	17	3	2	0	0	6	
Pina Boom Donut	1 Donut	270	140	15	7	0	0	350	32	1	12	4	2	10	0	6	
Pina Colada Donut	1 Donut	330	150	17	9	0	0	380	42	1	20	4	2	10	0	8	
Plain Cake Stick	1 Stick	330	160	18	8	0	35	420	36	1	12	4	2	0	2	10	
Powdered Cake Donut	1 Donut	340	200	22	10	0	25	300	38	1	13	4	4	0	2	6	
Powdered Cake Stick	1 Stick	360	160	18	8	0	35	420	43	2	18	5	2	0	2	10	
Pumpkin Cake Donut	1 Donut	360	190	21	10	0	15	380	39	1	20	3	2	0	2	8	
Pumpkin Crumb Cake Donut	1 Donut	450	210	23	10	0	15	390	56	1	35	4	2	0	2	10	
Pumpkin Pie Donut	1 Donut	380	180	20	9	0	0	380	46	1	25	4	2	0	0	6	
Sour Cream Donut	1 Donut	350	150	17	7	0	10	330	47	1	26	4	0	0	2	6	
Spiced Chocolate Caramel Donut	1 Donut	340	150	17	7	0.5	0	370	42	1	20	4	2	0	4	8	
Sprinkle the Joy Donut	1 Donut	290	140	15	7	0	0	340	35	1	16	3	2	0	0	6	
Stars and Stripes Donut	1 Donut	300	120	14	6	0	0	320	41	1	19	4	0	0	2	8	
Strawberry Dream Donut	1 Donut	330	170	19	8	0	0	350	36	1	17	3	2	0	0	6	
Strawberry Dream Swirl Donut	1 Donut	370	170	19	8	0	0	360	47	1	28	3	2	0	0	6	
Strawberry Frosted Donut	1 Donut	280	140	15	7	0	0	340	32	1	14	3	2	0	0	6	
Strawberry Shortcake Donut	1 Donut	320	170	19	8	0	0	350	35	1	16	3	2	0	0	6	
Sugar Raised Donut	1 Donut	230	130	14	6	0	0	330	22	1	4	3	2	0	0	6	
Vanilla Berry Shortcake Donut	1 Donut	350	170	19	8	0	0	360	43	1	24	3	2	0	0	6	
Vanilla Frosted Coffee Roll	1 Coffee Roll	410	170	19	8	0	0	410	54	3	20	7	0	0	4	10	
Vanilla Kreme Filled Donut	1 Donut	380	210	23	10	0	0	370	42	1	22	4	2	0	0	6	
Vanilla Peanut Butter Kreme Donut	1 Donut	360	170	19	8	0	0	360	44	1	26	3	2	0	0	6	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Espresso Beverages																	
Cappuccino Small	10 fl oz	80	35	4	2.5	0	15	70	7	0	7	4	2	0	10	0	
Cappuccino with Sugar Small	10 fl oz	140	35	4	2.5	0	15	70	24	0	24	4	2	0	10	0	

Espresso Beverages	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Caramel Latte Lite Large - 56% fewer calories than our Large Caramel Swirl Latte made with Skim Milk	20 fl oz	160	5	0	0	0	5	170	25	0	20	12	15	0	45	2
Caramel Latte Lite Medium - 56% fewer calories than our Medium Caramel Swirl Latte made with Skim Milk	16 fl oz	110	5	0	0	0	5	125	18	0	15	9	10	0	35	0
Caramel Latte Lite Small - 56% fewer calories than our Small Caramel Swirl Latte made with Skim Milk	10 fl oz	80	0	0	0	0	5	85	12	0	10	6	8	0	20	0
Caramel Latte with Milk Large	20 fl oz	460	110	12	7	0	40	200	73	0	72	14	15	0	50	2
Caramel Latte with Milk Medium	16 fl oz	350	80	9	5	0	30	150	55	0	54	11	10	0	40	0
Caramel Latte with Skim Milk Large	20 fl oz	360	5	0	0	0	10	200	73	0	72	15	15	0	60	2
Caramel Latte with Skim Milk Medium	16 fl oz	270	5	0	0	0	10	150	55	0	55	11	15	0	40	0
Caramel Latte with Skim Milk Small	10 fl oz	190	0	0	0	0	5	100	38	0	37	8	8	0	30	0
Caramel Mocha Latte with Milk Large	20 fl oz	450	110	12	8	0	55	230	70	1	67	14	10	4	40	0
Caramel Mocha Latte with Milk Medium	16 fl oz	330	80	9	6	0	40	170	52	1	50	11	8	2	30	0
Caramel Mocha Latte with Milk Small	10 fl oz	220	60	6	4	0	25	115	35	1	33	7	4	2	20	0
Caramel Mocha Latte with Skim Milk Large	20 fl oz	350	10	1	0.5	0	10	200	70	1	68	15	15	0	50	2
Caramel Mocha Latte with Skim Milk Medium	16 fl oz	260	5	0.5	0	0	5	150	53	1	51	11	10	0	40	0
Caramel Mocha Latte with Skim Milk Small	10 fl oz	170	5	0	0	0	5	100	35	1	34	7	8	0	25	0
Espresso	1.75 fl oz	5	0	0	0	0	0	5	1	0	1	0	0	0	0	0
Espresso with Sugar	1.75 fl oz	30	0	0	0	0	0	5	7	0	7	0	0	0	0	0
French Vanilla Swirl Hot Latte with Skim Milk Large	20 fl oz	350	5	0	0	0	10	230	71	0	69	15	15	0	50	2
French Vanilla Swirl Hot Latte with Skim Milk Medium	16 fl oz	270	5	0	0	0	10	170	54	0	52	11	15	0	40	0
French Vanilla Swirl Hot Latte with Skim Milk Small	10 fl oz	180	0	0	0	0	5	115	36	0	35	8	8	0	25	0
French Vanilla Swirl Hot Latte with Whole Milk Large	20 fl oz	450	110	12	7	0	40	230	71	0	68	14	15	0	50	2
French Vanilla Swirl Hot Latte with Whole Milk Medium	16 fl oz	340	80	9	5	0	30	170	53	0	52	11	10	0	40	0
French Vanilla Swirl Hot Latte with Whole Milk Small	10 fl oz	230	50	6	3.5	0	20	115	36	0	35	7	6	0	25	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Espresso Beverages																
French Vanilla Swirl Iced Latte with Skim Milk Large	32 fl oz	350	5	0	0	0	10	240	71	0	69	15	15	0	60	2
French Vanilla Swirl Iced Latte with Skim Milk Medium	24 fl oz	270	5	0	0	0	10	180	54	0	52	11	15	0	40	0
French Vanilla Swirl Iced Latte with Skim Milk Small	16 fl oz	180	0	0	0	0	5	120	36	0	35	8	8	0	30	0
French Vanilla Swirl Iced Latte with Whole Milk Large	32 fl oz	450	110	12	7	0	40	250	71	0	68	14	15	0	50	2
French Vanilla Swirl Iced Latte with Whole Milk Medium	24 fl oz	340	80	9	5	0	30	180	53	0	52	11	10	0	40	0
French Vanilla Swirl Iced Latte with Whole Milk Small	16 fl oz	230	50	6	3.5	0	20	125	36	0	35	7	6	0	25	0
Hazelnut Swirl Hot Latte with Skim Milk Large	20 fl oz	350	5	0	0	0	10	230	72	0	69	15	15	0	50	2
Hazelnut Swirl Hot Latte with Skim Milk Medium	16 fl oz	270	5	0	0	0	10	170	54	0	52	11	15	0	40	0
Hazelnut Swirl Hot Latte with Skim Milk Small	10 fl oz	180	0	0	0	0	5	115	37	0	35	8	8	0	25	0
Hazelnut Swirl Hot Latte with Whole Milk Large	20 fl oz	450	110	12	7	0	40	230	71	0	68	14	15	0	50	2
Hazelnut Swirl Hot Latte with Whole Milk Medium	16 fl oz	340	80	9	5	0	30	170	54	0	52	11	10	0	40	0
Hazelnut Swirl Hot Latte with Whole Milk Small	10 fl oz	230	50	6	3.5	0	20	115	36	0	35	7	6	0	25	0
Hazelnut Swirl Iced Latte with Skim Milk Large	32 fl oz	350	5	0	0	0	10	240	72	0	69	15	15	0	60	2
Hazelnut Swirl Iced Latte with Skim Milk Medium	24 fl oz	270	5	0	0	0	10	180	54	0	52	11	15	0	40	0
Hazelnut Swirl Iced Latte with Skim Milk Small	16 fl oz	180	0	0	0	0	5	120	37	0	35	8	8	0	30	0
Hazelnut Swirl Iced Latte with Whole Milk Large	32 fl oz	450	110	12	7	0	40	250	71	0	68	14	15	0	50	2
Hazelnut Swirl Iced Latte with Whole Milk Medium	24 fl oz	340	80	9	5	0	30	180	54	0	52	11	10	0	40	0
Hazelnut Swirl Iced Latte with Whole Milk Small	16 fl oz	230	50	6	3.5	0	20	125	36	0	35	7	6	0	25	0
Hot Latte with Almond Milk Large	20 fl oz	160	40	4.5	0	0	0	260	28	2	26	2	15	0	35	4
Hot Latte with Almond Milk Medium	16 fl oz	120	30	3	0	0	0	190	21	1	20	1	10	0	25	2
Hot Latte with Almond Milk Small	10 floz	80	20	2	0	0	0	130	14	1	13	1	8	0	15	2
Iced Caramel Latte Lite Large - 56% fewer calories than our Large Iced Caramel Swirl Latte made with Skim Milk	32 fl oz	160	5	0	0	0	5	190	26	0	20	12	15	0	45	2
Iced Caramel Latte Lite Medium - 56% fewer calories than our	24 fl oz	120	5	0	0	0	5	140	19	0	15	9	10	0	35	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Espresso Beverages																
Medium Iced Caramel Swirl Latte made with Skim Milk																
Iced Caramel Latte Lite Small - 56% fewer calories than our Small Iced Caramel Swirl Latte made with Skim Milk	16 fl oz	80	0	0	0	0	5	95	13	0	10	6	8	0	25	0
Iced Caramel Latte with Milk Large	32 fl oz	460	110	12	7	0	40	220	73	0	72	14	15	0	50	2
Iced Caramel Latte with Milk Medium	24 fl oz	350	80	9	5	0	30	160	55	0	54	11	10	0	40	0
Iced Caramel Latte with Milk Small	16 fl oz	230	50	6	3.5	0	20	110	37	0	37	7	6	0	25	0
Iced Caramel Latte with Skim Milk Large	32 fl oz	360	5	0	0	0	10	210	73	0	72	15	15	0	60	2
Iced Caramel Latte with Skim Milk Medium	24 fl oz	270	5	0	0	0	10	160	55	0	55	11	15	0	45	0
Iced Caramel Latte with Skim Milk Small	16 fl oz	190	0	0	0	0	5	110	38	0	37	8	8	0	30	0
Iced Caramel Mocha Latte with Milk Large	32 fl oz	450	110	12	8	0	55	240	70	1	67	14	10	4	45	0
Iced Caramel Mocha Latte with Milk Medium	24 fl oz	330	80	9	6	0	40	180	52	1	50	11	8	2	30	0
Iced Caramel Mocha Latte with Milk Small	16 fl oz	220	60	6	4	0	25	120	35	1	33	7	4	2	20	0
Iced Caramel Mocha Latte with Skim Milk Large	32 fl oz	350	10	1	0.5	0	10	210	70	1	68	15	15	0	50	2
Iced Caramel Mocha Latte with Skim Milk Medium	24 fl oz	260	5	0.5	0	0	5	150	53	1	51	11	10	0	40	0
Iced Caramel Mocha Latte with Skim Milk Small	16 fl oz	170	5	0	0	0	5	105	35	1	34	7	8	0	25	0
Iced Latte Lite Large - 33% fewer calories than our Large Iced Latte made with Whole Milk	32 fl oz	160	0	0	0	0	5	220	25	0	20	14	15	4	40	0
Iced Latte Lite Medium - 33% fewer calories than our Medium Iced Latte with Whole Milk	24 fl oz	120	0	0	0	0	5	170	19	0	15	10	10	2	30	0
Iced Latte Lite Small - 33% fewer calories than our Small Iced Latte with Whole Milk	16 fl oz	80	0	0	0	0	0	110	13	0	10	7	8	0	20	0
Iced Latte Small	16 fl oz	120	50	6	3.5	0	25	105	10	0	10	6	4	0	20	0
Iced Latte with Almond Milk Large	32 fl oz	160	40	4.5	0	0	0	280	28	2	26	2	15	0	35	4
Iced Latte with Almond Milk Medium	24 fl oz	120	30	3	0	0	0	210	21	1	20	1	10	0	25	2
Iced Latte with Almond Milk Small	16 fl oz	80	20	2	0	0	0	140	14	1	13	1	8	0	15	2
Iced Latte with Skim Milk Small	16 fl oz	70	0	0	0	0	0	110	11	0	10	7	8	0	20	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Espresso Beverages																	
Iced Latte with Skim Milk and Sugar Small	16 fl oz	130	0	0	0	0	0	110	28	0	27	7	8	0	20	0	
Iced Latte with Sugar Small	16 fl oz	170	50	6	3.5	0	25	100	27	0	27	6	4	0	20	0	
Iced Mocha Latte with Milk Large	32 fl oz	460	120	13	7	0	35	220	72	2	67	13	10	0	45	2	
Iced Mocha Latte with Milk Medium	24 fl oz	350	90	10	6	0	25	160	54	2	51	10	8	0	30	0	
Iced Mocha Latte with Milk Small	16 fl oz	230	60	6	3.5	0	20	110	37	1	34	7	6	0	20	0	
Iced Vanilla Latte Lite Large - 33% fewer calories than our Large Iced Vanilla Latte made with Whole Milk	32 fl oz	160	5	0	0	0	10	190	26	0	20	13	15	0	50	2	
Iced Vanilla Latte Lite Small - 33% fewer calories than our Small Iced Vanilla Latte made with Whole Milk	16 fl oz	80	0	0	0	0	5	95	13	0	10	6	8	0	25	0	
Iced vanilla Latte Lite Medium - 33% fewer calories than our Medium Iced Vanilla Latte made with Whole Milk	24 fl oz	120	5	0	0	0	5	140	20	0	15	10	10	0	35	0	
Latte Lite Large - 33% fewer calories than our Large Latte made with Whole Milk	20 fl oz	160	0	0	0	0	5	220	25	0	20	14	15	4	40	0	
Latte Lite Medium - 33% fewer calories than our Medium Latte made with Whole Milk	16 fl oz	120	0	0	0	0	5	170	19	0	15	10	10	2	30	0	
Latte Lite Small - 33% fewer calories than our Small Latte made with Whole Milk	10 fl oz	80	0	0	0	0	0	110	13	0	10	7	8	0	20	0	
Latte Small	10 fl oz	120	50	6	3.5	0	25	105	10	0	10	6	4	0	20	0	
Latte with Sugar Small	10 fl oz	170	50	6	3.5	0	25	100	27	0	27	6	4	0	20	0	
Mocha Iced Latte with Skim Milk Large	32 fl oz	360	10	1.5	1	0	5	210	73	2	67	14	15	0	45	2	
Mocha Iced Latte with Skim Milk Medium	24 fl oz	270	10	1	0.5	0	5	160	55	2	51	11	10	0	35	0	
Mocha Iced Latte with Skim Milk Small	16 fl oz	180	5	0.5	0	0	5	105	37	1	35	7	8	0	25	0	
Mocha Latte Large with Milk	20 fl oz	460	120	13	7	0	35	200	72	2	67	13	10	0	40	2	
Mocha Latte Medium with Milk	16 fl oz	350	90	10	6	0	25	150	54	2	51	10	8	0	30	0	
Mocha Latte Medium with Milk	16 fl oz	350	90	10	6	0	25	150	54	2	51	10	8	0	30	0	
Mocha Latte Small	10 fl oz	220	60	6	4	0	25	115	35	1	32	7	4	0	20	0	
Mocha Latte Small with Milk	10 fl oz	230	60	6	3.5	0	20	100	37	1	34	7	6	0	20	0	
Mocha Latte Small with Milk	10 fl oz	230	60	6	3.5	0	20	100	37	1	34	7	6	0	20	0	
Mocha Latte with Skim Milk Large	20 fl oz	360	10	1.5	1	0	5	200	73	2	67	14	15	0	45	2	
Mocha Latte with Skim Milk Large	20 fl oz	360	10	1.5	1	0	5	200	73	2	67	14	15	0	45	2	
Mocha Latte with Skim Milk Medium	16 fl oz	270	10	1	0.5	0	5	150	55	2	51	11	10	0	35	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Espresso Beverages																	
Mocha Latte with Skim Milk Medium	16 fl oz	270	10	1	0.5	0	5	150	55	2	51	11	10	0	35	0	
Mocha Latte with Skim Milk Small	10 fl oz	180	5	0.5	0	0	5	100	37	1	35	7	8	0	20	0	
Mocha Latte with Skim Milk Small	10 fl oz	180	5	0.5	0	0	5	100	37	1	35	7	8	0	20	0	
Peppermint Mocha Iced Latte with Milk Large	32 fl oz	480	120	13	7	0	35	240	79	2	73	13	10	0	45	10	
Peppermint Mocha Iced Latte with Milk Medium	24 fl oz	360	90	10	6	0	25	190	60	2	55	10	8	0	35	8	
Peppermint Mocha Iced Latte with Milk Small	16 fl oz	240	60	6	3.5	0	20	125	41	1	38	7	6	0	20	6	
Peppermint Mocha Iced Latte with Skim Milk Large	32 fl oz	380	10	1.5	1	0	5	240	80	2	74	14	15	0	45	10	
Peppermint Mocha Iced Latte with Skim Milk Medium	24 fl oz	290	10	1	0.5	0	5	180	60	2	56	10	10	0	35	8	
Peppermint Mocha Iced Latte with Skim Milk Small	16 fl oz	190	5	0.5	0	0	5	120	41	1	38	7	8	0	25	6	
Peppermint Mocha Latte with Milk Large	20 fl oz	480	120	13	7	0	35	230	79	2	73	13	10	0	45	10	
Peppermint Mocha Latte with Milk Medium	16 fl oz	360	90	10	6	0	25	170	60	2	55	10	8	0	30	8	
Peppermint Mocha Latte with Milk Small	10 fl oz	240	60	6	3.5	0	20	115	41	1	38	7	6	0	20	6	
Peppermint Mocha Latte with Skim Milk Large	20 fl oz	380	10	1.5	1	0	5	220	80	2	74	14	15	0	45	10	
Peppermint Mocha Latte with Skim Milk Medium	16 fl oz	290	10	1	0.5	0	5	170	60	2	56	10	10	0	35	8	
Peppermint Mocha Latte with Skim Milk Small	10 fl oz	190	5	0.5	0	0	5	115	41	1	38	7	8	0	25	6	
Pumpkin Creme Brulee Hot Latte with Skim Milk Large	20 fl oz	360	5	0.5	0	0	10	260	72	0	71	15	15	2	60	2	
Pumpkin Creme Brulee Hot Latte with Skim Milk Medium	16 fl oz	270	5	0	0	0	10	190	55	0	53	12	10	0	40	2	
Pumpkin Creme Brulee Hot Latte with Skim Milk Small	10 fl oz	180	0	0	0	0	5	130	37	0	36	8	8	0	30	0	
Pumpkin Creme Brulee Hot Latte with Whole Milk Large	20 fl oz	460	110	12	7	0	40	260	71	0	70	15	15	2	50	2	
Pumpkin Creme Brulee Hot Latte with Whole Milk Medium	16 fl oz	350	80	9	5	0	30	190	54	0	53	11	10	0	40	2	
Pumpkin Creme Brulee Hot Latte with Whole Milk Small	10 fl oz	230	50	6	3.5	0	20	130	37	0	36	7	6	0	25	0	
Pumpkin Creme Brulee Iced Latte with Skim Milk Large	32 fl oz	360	5	0.5	0	0	10	270	72	0	71	15	15	2	60	2	
Pumpkin Creme Brulee Iced Latte with Skim Milk Medium	24 fl oz	270	5	0	0	0	10	200	55	0	53	12	10	0	45	2	
Pumpkin Creme Brulee Iced Latte with Skim Milk Small	16 fl oz	180	0	0	0	0	5	135	37	0	36	8	8	0	30	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Espresso Beverages																
Pumpkin Creme Brulee Iced Latte with Whole Milk Large	32 fl oz	460	110	12	7	0	40	270	71	0	70	15	15	2	50	2
Pumpkin Creme Brulee Iced Latte with Whole Milk Medium	24 fl oz	350	80	9	5	0	30	200	54	0	53	11	10	0	40	2
Pumpkin Creme Brulee Iced Latte with Whole Milk Small	16 fl oz	230	50	6	3.5	0	20	140	37	0	36	7	6	0	25	0
Pumpkin Hot Latte with Skim Milk Large	20 fl oz	360	5	0.5	0	0	10	290	71	0	70	16	15	2	60	2
Pumpkin Hot Latte with Skim Milk Medium	16 fl oz	270	5	0	0	0	5	220	54	0	53	12	10	2	45	2
Pumpkin Hot Latte with Skim Milk Small	10 fl oz	180	5	0	0	0	5	140	37	0	36	8	8	2	30	0
Pumpkin Hot Latte with Whole Milk Large	20 fl oz	450	110	12	7	0	40	290	70	0	69	15	10	2	60	2
Pumpkin Hot Latte with Whole Milk Medium	16 fl oz	340	80	9	5	0	30	210	53	0	52	11	10	2	40	2
Pumpkin Hot Latte with Whole Milk Small	10 fl oz	230	60	6	3.5	0	20	140	36	0	36	7	6	2	30	0
Pumpkin Iced Latte with Skim Milk Large	32 fl oz	360	5	0.5	0	0	10	300	71	0	70	16	15	2	60	2
Pumpkin Iced Latte with Skim Milk Medium	24 fl oz	270	5	0	0	0	5	230	54	0	53	12	10	2	45	2
Pumpkin Iced Latte with Skim Milk Small	16 fl oz	180	5	0	0	0	5	150	37	0	36	8	8	2	30	0
Pumpkin Iced Latte with Whole Milk Large	32 fl oz	450	110	12	7	0	40	300	70	0	69	15	10	2	60	2
Pumpkin Iced Latte with Whole Milk Medium	24 fl oz	340	80	9	5	0	30	230	53	0	52	11	10	2	45	2
Pumpkin Iced Latte with Whole Milk Small	16 fl oz	230	60	6	3.5	0	20	150	36	0	36	8	6	2	30	0
Pumpkin Mocha Hot Latte with Skim Milk Large	20 fl oz	370	10	1	0.5	0	10	240	75	1	72	15	15	2	50	2
Pumpkin Mocha Hot Latte with Skim Milk Medium	16 fl oz	280	5	0.5	0	0	5	180	57	1	55	11	10	0	40	2
Pumpkin Mocha Hot Latte with Skim Milk Small	10 fl oz	200	5	0.5	0	0	5	125	40	1	38	8	8	0	25	0
Pumpkin Mocha Hot Latte with Whole Milk Large	20 fl oz	470	110	13	7	0	40	250	74	1	71	14	10	2	50	2
Pumpkin Mocha Hot Latte with Whole Milk Medium	16 fl oz	360	80	9	5	0	30	190	57	1	54	11	10	0	35	2
Pumpkin Mocha Hot Latte with Whole Milk Small	10 fl oz	240	60	6	3.5	0	20	125	39	1	38	7	6	0	25	0
Pumpkin Mocha Iced Latte with Skim Milk Large	32 fl oz	370	10	1	0.5	0	10	260	75	1	72	15	15	2	50	2
Pumpkin Mocha Iced Latte with Skim Milk Medium	24 fl oz	280	5	0.5	0	0	5	190	57	1	55	11	10	0	40	2

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Espresso Beverages																	
Pumpkin Mocha Iced Latte with Skim Milk Small	16 fl oz	200	5	0.5	0	0	5	130	40	1	38	8	8	0	25	0	
Pumpkin Mocha Iced Latte with Whole Milk Large	32 fl oz	470	110	13	7	0	40	260	74	1	71	14	10	2	50	2	
Pumpkin Mocha Iced Latte with Whole Milk Medium	24 fl oz	360	80	9	5	0	30	200	57	1	54	11	10	0	40	2	
Pumpkin Mocha Iced Latte with Whole Milk Small	16 fl oz	240	60	6	3.5	0	20	135	39	1	38	7	6	0	25	0	
Snickerdoodle Cookie Hot Latte with Skim Milk Large	20 fl oz	350	5	0	0	0	10	230	70	0	69	15	15	0	50	2	
Snickerdoodle Cookie Hot Latte with Skim Milk Medium	16 fl oz	260	5	0	0	0	10	170	53	0	52	11	15	0	40	2	
Snickerdoodle Cookie Hot Latte with Skim Milk Small	10 fl oz	180	0	0	0	0	5	115	35	0	35	8	8	0	25	2	
Snickerdoodle Cookie Hot Latte with Whole Milk Large	20 fl oz	450	110	12	7	0	40	230	70	0	68	14	15	0	50	2	
Snickerdoodle Cookie Hot Latte with Whole Milk Medium	16 fl oz	340	80	9	5	0	30	170	52	0	51	11	10	0	40	2	
Snickerdoodle Cookie Hot Latte with Whole Milk Small	10 fl oz	220	50	6	3.5	0	20	115	35	0	34	7	6	0	25	2	
Snickerdoodle Cookie Iced Latte with Skim Milk Large	32 fl oz	350	5	0	0	0	10	240	70	0	69	15	15	0	60	2	
Snickerdoodle Cookie Iced Latte with Skim Milk Medium	24 fl oz	260	5	0	0	0	10	180	53	0	52	11	15	0	40	2	
Snickerdoodle Cookie Iced Latte with Skim Milk Small	16 fl oz	180	0	0	0	0	5	120	35	0	35	8	8	0	30	2	
Snickerdoodle Cookie Iced Latte with Whole Milk Large	32 fl oz	450	110	12	7	0	40	250	70	0	68	14	15	0	50	2	
Snickerdoodle Cookie Iced Latte with Whole Milk Medium	24 fl oz	340	80	9	5	0	30	180	52	0	51	11	10	0	40	2	
Snickerdoodle Cookie Iced Latte with Whole Milk Small	16 fl oz	220	50	6	3.5	0	20	125	35	0	34	7	6	0	25	2	
Sugar Cookie Hot Latte with Skim Milk Large	20 fl oz	360	5	0	0	0	10	230	72	0	70	15	15	0	50	2	
Sugar Cookie Hot Latte with Skim Milk Medium	16 fl oz	270	5	0	0	0	10	170	54	0	53	11	15	0	40	0	
Sugar Cookie Hot Latte with Skim Milk Small	10 fl oz	180	0	0	0	0	5	115	36	0	36	7	8	0	25	0	
Sugar Cookie Hot Latte with Whole Milk Large	20 fl oz	450	110	12	7	0	40	230	71	0	70	14	15	0	50	2	
Sugar Cookie Hot Latte with Whole Milk Medium	16 fl oz	340	80	9	5	0	30	170	54	0	53	11	10	0	40	0	
Sugar Cookie Hot Latte with Whole Milk Small	10 fl oz	230	50	6	3.5	0	20	115	36	0	35	7	6	0	25	0	
Sugar Cookie Iced Latte with Skim Milk Large	32 fl oz	360	5	0	0	0	10	240	72	0	70	15	15	0	60	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Espresso Beverages																
Sugar Cookie Iced Latte with Skim Milk Medium	24 fl oz	270	5	0	0	0	10	180	54	0	53	11	15	0	40	0
Sugar Cookie Iced Latte with Skim Milk Small	16 fl oz	180	0	0	0	0	5	120	36	0	36	7	8	0	30	0
Sugar Cookie Iced Latte with Whole Milk Large	32 fl oz	450	110	12	7	0	40	250	71	0	70	14	15	0	50	2
Sugar Cookie Iced Latte with Whole Milk Medium	24 fl oz	340	80	9	5	0	30	180	54	0	53	11	10	0	40	0
Sugar Cookie Iced Latte with Whole Milk Small	16 fl oz	230	50	6	3.5	0	20	125	36	0	35	7	6	0	25	0
Turbo Shot™ Extra Large	4 fl oz	10	0	0	0	0	0	15	2	0	2	0	0	0	0	0
Turbo Shot™ Large	3.5 fl oz	10	0	0	0	0	0	15	2	0	2	0	0	0	0	0
Turbo Shot™ Medium	2.5 fl oz	5	0	0	0	0	0	10	1	0	1	0	0	0	0	0
Turbo Shot™ Small	1.75 fl oz	5	0	0	0	0	0	5	1	0	1	0	0	0	0	0
Vanilla Latte Lite Large - 33% fewer calories than our Large Vanilla Latte made with Whole Milk	20 fl oz	160	5	0	0	0	10	180	26	0	20	13	15	0	45	2
Vanilla Latte Lite Medium - 33% fewer calories than our Medium Vanilla Latte made with Whole Milk	16 fl oz	120	5	0	0	0	5	130	20	0	15	10	10	0	35	0
Vanilla Latte Lite Small - 33% fewer calories than our Small Vanilla Latte made with Whole Milk	10 fl oz	80	0	0	0	0	5	90	13	0	10	6	8	0	25	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Frozen Coffee Coolatta																
Frozen Caramel Coffee Coolatta with Cream Large	32 fl oz	990	420	47	29	1.5	165	180	141	0	130	9	35	4	35	0
Frozen Caramel Coffee Coolatta with Cream Medium	24 fl oz	740	310	35	22	1	125	130	106	0	97	7	25	2	25	0
Frozen Caramel Coffee Coolatta with Cream Small	16 fl oz	490	210	23	15	0.5	80	90	71	0	65	5	15	2	15	0
Frozen Caramel Coffee Coolatta with Milk Large	32 fl oz	670	70	8	4.5	0	30	180	144	0	141	10	10	0	40	0
Frozen Caramel Coffee Coolatta with Milk Medium	24 fl oz	500	50	6	3.5	0	20	140	108	0	106	8	8	0	30	0
Frozen Caramel Coffee Coolatta with Milk Small	16 fl oz	330	35	4	2.5	0	15	90	72	0	71	5	4	0	20	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Frozen Coffee Coolatta																	
Frozen Caramel Coffee Coolatta with Skim Milk Large	32 fl oz	600	0	0	0	0	10	180	145	0	141	11	10	0	40	0	
Frozen Caramel Coffee Coolatta with Skim Milk Medium	24 fl oz	450	0	0	0	0	5	135	108	0	106	8	8	0	30	0	
Frozen Caramel Coffee Coolatta with Skim Milk Small	16 fl oz	300	0	0	0	0	5	90	72	0	71	5	6	0	20	0	
Frozen Coffee Coolatta with Cream Large	32 fl oz	800	420	47	29	1.5	160	150	97	0	86	7	30	4	25	0	
Frozen Coffee Coolatta with Cream Medium	24 fl oz	600	310	35	22	1	120	110	73	0	65	5	25	2	20	0	
Frozen Coffee Coolatta with Cream Small	16 fl oz	400	210	23	15	0.5	80	75	49	0	43	3	15	2	10	0	
Frozen Coffee Coolatta with Milk Large	32 fl oz	480	70	8	4.5	0	25	160	100	0	98	8	8	0	30	0	
Frozen Coffee Coolatta with Milk Medium	24 fl oz	360	50	6	3.5	0	20	120	75	0	73	6	6	0	20	0	
Frozen Coffee Coolatta with Milk Small	16 fl oz	240	35	4	2.5	0	10	80	50	0	49	4	4	0	15	0	
Frozen Coffee Coolatta with Skim Milk Large	32 fl oz	410	0	0	0	0	5	160	101	0	98	8	10	0	30	0	
Frozen Coffee Coolatta with Skim Milk Medium	24 fl oz	310	0	0	0	0	5	115	75	0	74	6	8	0	25	0	
Frozen Coffee Coolatta with Skim Milk Small	16 fl oz	210	0	0	0	0	0	80	50	0	49	4	4	0	15	0	
Frozen French Vanilla Swirl Coffee Coolatta with Cream Large	32 fl oz	990	420	46	29	1.5	165	200	141	0	128	9	35	4	35	0	
Frozen French Vanilla Swirl Coffee Coolatta with Cream Medium	24 fl oz	740	310	35	22	1	120	150	106	0	96	7	25	2	25	0	
Frozen French Vanilla Swirl Coffee Coolatta with Cream Small	16 fl oz	490	210	23	14	0.5	80	100	70	0	64	5	15	2	15	0	
Frozen French Vanilla Swirl Coffee Coolatta with Skim Milk Large	32 fl oz	600	0	0	0	0	10	210	144	0	140	11	10	0	40	0	
Frozen French Vanilla Swirl Coffee Coolatta with Skim Milk Medium	24 fl oz	450	0	0	0	0	5	160	108	0	105	8	8	0	30	0	
Frozen French Vanilla Swirl Coffee Coolatta with Skim Milk Small	16 fl oz	300	0	0	0	0	5	105	72	0	70	5	6	0	20	0	
Frozen French Vanilla Swirl Coffee Coolatta with Whole Milk Large	32 fl oz	670	70	8	4.5	0	30	210	144	0	139	10	10	0	35	0	
Frozen French Vanilla Swirl Coffee Coolatta with Whole Milk Medium	24 fl oz	500	50	6	3.5	0	20	160	108	0	104	8	8	0	30	0	
Frozen French Vanilla Swirl Coffee Coolatta with Whole Milk Small	16 fl oz	330	35	4	2.5	0	15	105	72	0	70	5	4	0	20	0	
Frozen Hazelnut Swirl Coffee Coolatta with Cream Large	32 fl oz	990	420	46	29	1.5	165	200	141	0	128	9	35	4	35	0	
Frozen Hazelnut Swirl Coffee Coolatta with Cream Medium	24 fl oz	740	310	35	22	1	120	150	106	0	96	7	25	2	25	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Frozen Coffee Coolatta																	
Frozen Hazelnut Swirl Coffee Coolatta with Cream Small	16 fl oz	490	210	23	14	0.5	80	100	71	0	64	5	15	2	15	0	
Frozen Hazelnut Swirl Coffee Coolatta with Skim Milk Large	32 fl oz	600	0	0	0	0	10	210	145	0	140	11	10	0	40	0	
Frozen Hazelnut Swirl Coffee Coolatta with Skim Milk Medium	24 fl oz	450	0	0	0	0	5	160	108	0	105	8	8	0	30	0	
Frozen Hazelnut Swirl Coffee Coolatta with Skim Milk Small	16 fl oz	300	0	0	0	0	5	105	72	0	70	5	6	0	20	0	
Frozen Hazelnut Swirl Coffee Coolatta with Whole Milk Large	32 fl oz	670	70	8	4.5	0	30	210	144	0	139	10	10	0	35	0	
Frozen Hazelnut Swirl Coffee Coolatta with Whole Milk Medium	24 fl oz	500	50	6	3.5	0	20	160	108	0	104	8	8	0	30	0	
Frozen Hazelnut Swirl Coffee Coolatta with Whole Milk Small	16 fl oz	330	35	4	2.5	0	15	105	72	0	70	5	4	0	20	0	
Frozen Mocha Coffee Coolatta with Cream Large	32 fl oz	990	430	47	29	1.5	160	170	141	2	125	8	30	4	25	0	
Frozen Mocha Coffee Coolatta with Cream Medium	24 fl oz	740	320	36	22	1	120	130	105	2	94	6	25	2	20	0	
Frozen Mocha Coffee Coolatta with Cream Small	16 fl oz	490	210	24	15	0.5	80	85	70	1	62	4	15	2	10	0	
Frozen Mocha Coffee Coolatta with Milk Large	32 fl oz	670	80	9	5	0	25	180	143	2	136	10	8	0	30	0	
Frozen Mocha Coffee Coolatta with Milk Medium	24 fl oz	500	60	7	4	0	20	135	108	2	102	7	6	0	20	0	
Frozen Mocha Coffee Coolatta with Milk Small	16 fl oz	330	40	4.5	2.5	0	10	90	72	1	68	5	4	0	15	0	
Frozen Mocha Coffee Coolatta with Skim Milk Large	32 fl oz	600	10	1	0.5	0	5	180	144	2	137	10	10	0	30	0	
Frozen Mocha Coffee Coolatta with Skim Milk Medium	24 fl oz	450	5	0.5	0	0	5	135	108	2	103	8	8	0	25	0	
Frozen Mocha Coffee Coolatta with Skim Milk Small	16 fl oz	300	5	0	0	0	0	90	72	1	68	5	4	0	15	0	
Frozen Pumpkin Coffee Coolatta with Cream Large	32 fl oz	990	420	47	29	1.5	160	260	139	0	128	10	30	6	40	0	
Frozen Pumpkin Coffee Coolatta with Cream Medium	24 fl oz	740	310	35	22	1	120	190	105	0	96	7	25	4	30	0	
Frozen Pumpkin Coffee Coolatta with Cream Small	16 fl oz	490	210	23	15	0.5	80	130	70	0	64	5	15	2	20	0	
Frozen Pumpkin Coffee Coolatta with Skim Milk Large	32 fl oz	600	5	0	0	0	5	270	143	0	140	12	10	2	45	0	
Frozen Pumpkin Coffee Coolatta with Skim Milk Medium	24 fl oz	450	0	0	0	0	5	200	107	0	105	9	8	2	35	0	
Frozen Pumpkin Coffee Coolatta with Skim Milk Small	16 fl oz	300	0	0	0	0	5	135	71	0	70	6	6	0	20	0	
Frozen Pumpkin Coffee Coolatta with Whole Milk Large	32 fl oz	670	70	8	4.5	0	25	270	142	0	139	11	8	2	40	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Frozen Coffee Coolatta																	
Frozen Pumpkin Coffee Coolatta with Whole Milk Medium	24 fl oz	500	50	6	3.5	0	20	200	107	0	104	8	6	2	30	0	
Frozen Pumpkin Coffee Coolatta with Whole Milk Small	16 fl oz	330	35	4	2.5	0	15	135	71	0	70	5	4	0	20	0	
Frozen Pumpkin Creme Brulee Coffee Coolatta with Cream Large	32 fl oz	990	420	47	29	1.5	160	260	139	0	128	10	30	6	40	0	
Frozen Pumpkin Creme Brulee Coffee Coolatta with Cream Medium	24 fl oz	740	310	35	22	1	120	170	105	0	96	7	25	4	25	0	
Frozen Pumpkin Creme Brulee Coffee Coolatta with Cream Small	16 fl oz	490	210	23	15	0.5	80	115	70	0	64	5	15	2	20	0	
Frozen Pumpkin Creme Brulee Coffee Coolatta with Skim Milk Large	32 fl oz	600	0	0	0	0	10	240	143	0	140	11	10	0	40	0	
Frozen Pumpkin Creme Brulee Coffee Coolatta with Skim Milk Medium	24 fl oz	450	0	0	0	0	5	180	108	0	105	8	8	0	30	0	
Frozen Pumpkin Creme Brulee Coffee Coolatta with Skim Milk Small	16 fl oz	300	0	0	0	0	5	120	72	0	70	6	6	0	20	0	
Frozen Pumpkin Creme Brulee Coffee Coolatta with Whole Milk Large	32 fl oz	640	70	8	4.5	0	25	230	137	0	115	9	8	0	35	0	
Frozen Pumpkin Creme Brulee Coffee Coolatta with Whole Milk Medium	24 fl oz	500	50	6	3.5	0	20	180	107	0	104	8	6	0	30	0	
Frozen Pumpkin Creme Brulee Coffee Coolatta with Whole Milk Small	16 fl oz	330	35	4	2.5	0	15	120	72	0	70	5	4	0	20	0	
Frozen Pumpkin Mocha Coffee Coolatta with Cream Large	32 fl oz	990	420	47	29	1.5	160	220	140	1	126	9	30	4	30	0	
Frozen Pumpkin Mocha Coffee Coolatta with Cream Medium	24 fl oz	740	320	35	22	1	120	160	105	1	95	7	25	4	25	0	
Frozen Pumpkin Mocha Coffee Coolatta with Cream Small	16 fl oz	490	210	23	15	0.5	80	110	70	1	63	5	15	2	15	0	
Frozen Pumpkin Mocha Coffee Coolatta with Skim Milk Large	32 fl oz	600	5	0.5	0	0	5	220	143	1	138	11	10	0	40	0	
Frozen Pumpkin Mocha Coffee Coolatta with Skim Milk Medium	24 fl oz	450	5	0	0	0	5	170	107	1	104	8	8	0	30	0	
Frozen Pumpkin Mocha Coffee Coolatta with Skim Milk Small	16 fl oz	300	5	0	0	0	5	110	72	1	69	5	6	0	20	0	
Frozen Pumpkin Mocha Coffee Coolatta with Whole Milk Large	32 fl oz	670	80	8	5	0	25	220	143	1	138	10	8	0	35	0	
Frozen Pumpkin Mocha Coffee Coolatta with Whole Milk Medium	24 fl oz	500	60	6	3.5	0	20	170	107	1	103	8	6	0	25	0	
Frozen Pumpkin Mocha Coffee Coolatta with Whole Milk Small	16 fl oz	330	40	4	2.5	0	15	110	71	1	69	5	4	0	20	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Tea																	
Black Tea with Milk	10 fl oz	20	10	1	0.5	0	5	20	1	0	1	1	0	0	4	0	
Black Tea with Milk and Sugar	10 fl oz	80	10	1	0.5	0	5	20	19	0	19	1	0	0	4	0	
Black Tea with Skim Milk	10 fl oz	10	0	0	0	0	0	20	2	0	2	1	0	0	4	0	
Black Tea with Skim Milk and Sugar	10 fl oz	70	0	0	0	0	0	20	19	0	19	1	0	0	4	0	
Black Tea with Sugar	10 fl oz	60	0	0	0	0	0	5	17	0	17	0	0	0	0	0	
Black Unsweetened Tea	10 fl oz	0	0	0	0	0	0	10	0	0	0	0	0	0	0	0	
Decaffeinated Tea	10 fl oz	0	0	0	0	0	0	5	0	0	0	0	0	0	0	0	
Decaffeinated Tea with Milk	10 fl oz	20	10	1	0.5	0	5	20	1	0	1	1	0	0	4	0	
Decaffeinated Tea with Milk and Sugar	10 fl oz	80	10	1	0.5	0	5	20	19	0	19	1	0	0	4	0	
Decaffeinated Tea with Skim Milk	10 fl oz	10	0	0	0	0	0	20	2	0	2	1	0	0	4	0	
Decaffeinated Tea with Skim Milk and Sugar	10 fl oz	70	0	0	0	0	0	20	19	0	19	1	0	0	4	0	
Green Tea	10 fl oz	0	0	0	0	0	0	5	0	0	0	0	0	0	0	0	
Green Tea with Milk	10 fl oz	20	10	1	0.5	0	5	20	1	0	1	1	0	0	4	0	
Green Tea with Milk and Sugar	10 fl oz	80	10	1	0.5	0	5	20	19	0	19	1	0	0	4	0	
Green Tea with Skim Milk	10 fl oz	10	0	0	0	0	0	20	2	0	2	1	0	0	4	0	
Green Tea with Skim Milk and Sugar	10 fl oz	70	0	0	0	0	0	20	19	0	19	1	0	0	4	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Iced Coffee																
Caramel Iced Coffee Large	32 fl oz	230	0	0	0	0	5	100	52	0	49	5	0	2	15	2
Caramel Iced Coffee Medium	24 fl oz	170	0	0	0	0	0	75	39	0	37	4	0	0	15	2
Caramel Iced Coffee Small	16 fl oz	110	0	0	0	0	0	50	26	0	24	2	0	0	8	2
Caramel Iced Coffee with Cream Large	32 fl oz	340	110	12	7	0	45	125	54	0	49	6	8	2	25	2
Caramel Iced Coffee with Cream Medium	24 fl oz	260	80	9	5	0	30	90	41	0	37	5	6	2	15	2
Caramel Iced Coffee with Cream Small	16 fl oz	170	50	6	3.5	0	20	60	27	0	24	3	4	0	10	2
Caramel Mocha Iced Coffee Large	32 fl oz	230	5	0	0	0	0	45	54	1	48	4	0	0	6	0
Caramel Mocha Iced Coffee Medium	24 fl oz	180	5	0	0	0	0	35	41	1	36	3	0	0	4	0
Caramel Mocha Iced Coffee Small	16 fl oz	120	0	0	0	0	0	25	27	1	24	2	0	0	4	0
Caramel Mocha Iced Coffee with Cream Large	32 fl oz	350	110	12	7	0	40	70	56	1	48	5	8	0	10	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Coffee																	
Caramel Mocha Iced Coffee with Cream Medium	24 fl oz	260	80	9	6	0	30	50	42	1	36	4	6	0	8	0	
Caramel Mocha Iced Coffee with Cream Small	16 fl oz	180	50	6	3.5	0	20	35	28	1	24	3	4	0	6	0	
French Vanilla Swirl Iced Coffee Large	32 fl oz	230	0	0	0	0	5	75	54	0	48	4	2	0	10	0	
French Vanilla Swirl Iced Coffee Medium	24 fl oz	170	0	0	0	0	5	55	40	0	36	3	2	0	6	0	
French Vanilla Swirl Iced Coffee Small	16 fl oz	120	0	0	0	0	0	40	27	0	24	2	0	0	4	0	
French Vanilla Swirl Iced Coffee with Cream Large	32 fl oz	350	100	12	7	0	45	100	56	0	48	5	10	0	15	0	
French Vanilla Swirl Iced Coffee with Cream Medium	24 fl oz	260	80	9	5	0	35	70	42	0	36	4	8	0	10	0	
French Vanilla Swirl Iced Coffee with Cream Small	16 fl oz	170	50	6	3.5	0	20	50	28	0	24	3	4	0	8	0	
Hazelnut Swirl Iced Coffee Large	32 fl oz	230	0	0	0	0	5	75	54	0	48	4	2	0	10	0	
Hazelnut Swirl Iced Coffee Medium	24 fl oz	170	0	0	0	0	5	55	41	0	36	3	2	0	6	0	
Hazelnut Swirl Iced Coffee Small	16 fl oz	120	0	0	0	0	0	40	27	0	24	2	0	0	4	0	
Hazelnut Swirl Iced Coffee with Cream Large	32 fl oz	350	100	12	7	0	45	100	56	0	48	5	10	0	15	0	
Hazelnut Swirl Iced Coffee with Cream Medium	24 fl oz	260	80	9	5	0	35	70	42	0	36	4	8	0	10	0	
Hazelnut Swirl Iced Coffee with Cream Small	16 fl oz	180	50	6	3.5	0	20	50	28	0	24	3	4	0	8	0	
Iced Coffee Large	32 fl oz	20	0	0	0	0	0	15	3	0	0	1	0	0	0	0	
Iced Coffee Medium	24 fl oz	15	0	0	0	0	0	10	2	0	0	1	0	0	0	0	
Iced Coffee Small	16 fl oz	10	0	0	0	0	0	10	2	0	0	1	0	0	0	0	
Iced Coffee with Almond Milk Large	32 fl oz	50	10	1	0	0	0	75	9	0	6	1	4	0	10	0	
Iced Coffee with Almond Milk Medium	24 fl oz	35	5	0.5	0	0	0	50	7	0	4	1	2	0	6	0	
Iced Coffee with Almond Milk Small	16 fl oz	20	5	0	0	0	0	30	4	0	2	1	2	0	4	0	
Iced Coffee with Cream Small	16 fl oz	70	50	6	4	0	20	20	3	0	0	1	4	0	4	0	
Iced Coffee with Cream and Sugar Small	16 fl oz	120	50	6	4	0	20	20	20	0	17	1	4	0	4	0	
Iced Coffee with Milk Small	16 fl oz	30	10	1	1	0	5	20	3	0	1	2	0	0	4	0	
Iced Coffee with Milk and Sugar Small	16 fl oz	90	10	1	1	0	5	20	21	0	19	2	0	0	4	0	
Iced Coffee with Skim Milk Small	16 fl oz	20	0	0	0	0	0	25	3	0	2	2	0	0	4	0	
Iced Coffee with Skim Milk and Splenda Large	32 fl oz	50	0	0	0	0	0	45	10	0	3	3	2	0	8	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Coffee																	
Iced Coffee with Skim Milk and Splenda Medium	24 fl oz	40	0	0	0	0	0	30	8	0	2	2	2	0	6	0	
Iced Coffee with Skim Milk and Splenda Small	16 fl oz	30	0	0	0	0	0	20	5	0	2	2	2	0	4	0	
Iced Coffee with Skim Milk and Sugar Small	16 fl oz	80	0	0	0	0	0	25	21	0	19	2	0	0	4	0	
Iced Coffee with Sugar Small	16 fl oz	70	0	0	0	0	0	5	19	0	17	1	0	0	0	0	
Iced Dunkin' Dark® Roast Coffee with Cream and Sugar Large	32 fl oz	250	110	12	7	0	40	40	40	0	35	3	8	0	6	0	
Iced Dunkin' Dark® Roast Coffee with Cream and Sugar Medium	24 fl oz	190	80	9	5	0	30	30	30	0	26	2	6	0	4	0	
Iced Dunkin' Dark® Roast Coffee with Cream and Sugar Small	16 fl oz	130	50	6	3.5	0	20	20	20	0	17	1	4	0	4	0	
Iced Dunkin' Dark® Roast Coffee with Skim Milk and Splenda Large	32 fl oz	60	0	0	0	0	0	50	10	0	3	3	2	0	8	0	
Iced Dunkin' Dark® Roast Coffee with Skim Milk and Splenda Medium	24 fl oz	40	0	0	0	0	0	35	8	0	2	3	2	0	6	0	
Iced Dunkin' Dark® Roast Coffee with Skim Milk and Splenda Small	16 fl oz	30	0	0	0	0	0	25	5	0	1	2	2	0	4	0	
Mocha Iced Coffee with Cream Large	32 fl oz	350	110	12	8	0	40	70	56	2	46	5	8	0	6	0	
Mocha Iced Coffee with Cream Medium	24 fl oz	260	80	9	6	0	30	50	42	2	34	3	6	0	4	0	
Mocha Iced Coffee with Cream Small	16 fl oz	180	50	6	4	0	20	35	28	1	23	2	4	0	4	0	
Peppermint Mocha Iced Coffee Large	32 fl oz	260	5	1	0	0	0	70	61	2	52	3	0	0	2	10	
Peppermint Mocha Iced Coffee Medium	24 fl oz	190	5	0.5	0	0	0	55	46	2	39	2	0	0	2	8	
Peppermint Mocha Iced Coffee Small	16 fl oz	130	5	0	0	0	0	35	31	1	26	1	0	0	2	4	
Peppermint Mocha Iced Coffee with Cream Large	32 fl oz	370	110	12	8	0	40	95	63	2	52	4	8	0	8	10	
Peppermint Mocha Iced Coffee with Cream Medium	24 fl oz	280	80	9	6	0	30	70	47	2	39	3	6	0	6	8	
Peppermint Mocha Iced Coffee with Cream Small	16 fl oz	190	60	6	4	0	20	50	32	1	26	2	4	0	4	4	
Pumpkin Creme Brulee Iced Coffee Large	32 fl oz	230	0	0	0	0	5	110	53	0	49	4	0	0	10	0	
Pumpkin Creme Brulee Iced Coffee Medium	24 fl oz	170	0	0	0	0	0	85	39	0	37	3	0	0	8	0	
Pumpkin Creme Brulee Iced Coffee Small	16 fl oz	120	0	0	0	0	0	55	26	0	24	2	0	0	6	0	
Pumpkin Creme Brulee Iced Coffee with Cream Large	32 fl oz	350	110	12	7	0	45	135	55	0	49	5	8	2	20	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Coffee																	
Pumpkin Creme Brulee Iced Coffee with Cream Medium	24 fl oz	260	80	9	5	0	30	100	41	0	37	4	6	2	15	0	
Pumpkin Creme Brulee Iced Coffee with Cream Small	16 fl oz	160	50	6	3.5	0	20	65	24	0	12	2	4	0	6	0	
Pumpkin Iced Coffee Large	32 fl oz	240	0	0	0	0	0	135	55	0	51	5	0	2	15	0	
Pumpkin Iced Coffee Medium	24 fl oz	180	0	0	0	0	0	100	41	0	38	4	0	2	10	0	
Pumpkin Iced Coffee Small	16 fl oz	120	0	0	0	0	0	70	28	0	25	2	0	0	8	0	
Pumpkin Iced Coffee with Cream Large	32 fl oz	360	110	12	7	0	40	160	57	0	51	6	8	2	20	0	
Pumpkin Iced Coffee with Cream Medium	24 fl oz	270	80	9	6	0	30	120	43	0	38	5	6	2	15	0	
Pumpkin Iced Coffee with Cream Small	16 fl oz	180	50	6	3.5	0	20	80	29	0	25	3	4	2	10	0	
Pumpkin Mocha Iced Coffee Large	32 fl oz	230	5	0	0	0	0	100	53	1	48	4	0	0	8	0	
Pumpkin Mocha Iced Coffee Medium	24 fl oz	170	5	0	0	0	0	75	40	1	36	3	0	0	6	0	
Pumpkin Mocha Iced Coffee Small	16 fl oz	120	0	0	0	0	0	50	27	1	24	2	0	0	4	0	
Pumpkin Mocha Iced Coffee with Cream Large	32 fl oz	350	110	12	8	0	40	120	55	1	48	5	8	2	15	0	
Pumpkin Mocha Iced Coffee with Cream Medium	24 fl oz	260	80	9	6	0	30	90	41	1	36	4	6	2	10	0	
Pumpkin Mocha Iced Coffee with Cream Small	16 fl oz	180	50	6	4	0	20	60	28	1	24	3	4	0	6	0	
Snickerdoodle Cookie Iced Coffee Large	32 fl oz	240	0	0	0	0	5	75	54	0	49	4	2	0	10	0	
Snickerdoodle Cookie Iced Coffee Medium	24 fl oz	180	0	0	0	0	5	55	41	0	37	3	2	0	8	0	
Snickerdoodle Cookie Iced Coffee Small	16 fl oz	120	0	0	0	0	0	40	27	0	25	2	0	0	6	0	
Snickerdoodle Cookie Iced Coffee with Cream Large	32 fl oz	350	100	12	7	0	45	100	56	0	50	5	10	0	15	0	
Snickerdoodle Cookie Iced Coffee with Cream Medium	24 fl oz	260	80	9	5	0	35	75	42	0	37	4	8	0	10	0	
Snickerdoodle Cookie Iced Coffee with Cream Small	16 fl oz	180	50	6	3.5	0	20	50	28	0	25	3	4	0	8	0	
Sugar Cookie Iced Coffee with Cream Medium	24 fl oz	260	80	9	5	0	35	75	42	0	37	4	8	0	10	0	
Sugar Cookie Iced Coffee Large	32 fl oz	240	0	0	0	0	5	75	55	0	50	4	2	0	10	0	
Sugar Cookie Iced Coffee Medium	24 fl oz	180	0	0	0	0	5	55	41	0	37	3	2	0	8	0	
Sugar Cookie Iced Coffee Small	16 fl oz	120	0	0	0	0	0	40	27	0	25	2	0	0	4	0	
Sugar Cookie Iced Coffee with Cream Large	32 fl oz	350	100	12	7	0	45	100	56	0	50	5	10	0	15	0	
Sugar Cookie Iced Coffee with Cream Small	16 fl oz	180	50	6	3.5	0	20	50	28	0	25	3	4	0	8	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Tea																	
Iced Tea Unsweetened Raspberry Flavored Small	16 fl oz	10	0	0	0	0	0	0	3	0	0	0	0	0	0	0	0
Iced Tea Unsweetened Large	32 fl oz	10	0	0	0	0	0	10	2	0	0	0	0	0	0	0	0
Iced Tea Unsweetened Medium	24 fl oz	5	0	0	0	0	0	5	2	0	0	0	0	0	0	0	0
Iced Tea Unsweetened Small	16 fl oz	5	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0
Sweet Tea - Large	32 fl oz	310	0	0	0	0	0	10	80	0	78	0	0	0	2	0	0
Sweet Tea - Medium	24 fl oz	230	0	0	0	0	0	5	60	0	58	0	0	0	0	0	0
Sweet Tea - Small	16 fl oz	160	0	0	0	0	0	5	40	0	39	0	0	0	0	0	0
Sweet Tea Blueberry Flavored Large	32 fl oz	340	0	0	0	0	0	10	84	0	81	0	0	0	2	0	0
Sweet Tea Blueberry Flavored Medium	24 fl oz	250	0	0	0	0	0	5	63	0	60	0	0	0	0	0	0
Sweet Tea Blueberry Flavored Small	16 fl oz	170	0	0	0	0	0	5	42	0	40	0	0	0	0	0	0
Sweet Tea Peach Flavored Large	32 fl oz	340	0	0	0	0	0	10	87	0	81	0	0	0	0	0	0
Sweet Tea Peach Flavored Medium	24 fl oz	260	0	0	0	0	0	5	66	0	60	0	0	0	0	0	0
Sweet Tea Peach Flavored Small	16 fl oz	170	0	0	0	0	0	5	44	0	40	0	0	0	0	0	0
Sweet Tea Raspberry Flavored Large	32 fl oz	340	0	0	0	0	0	10	87	0	81	0	0	0	2	0	0
Sweet Tea Raspberry Flavored Medium	24 fl oz	250	0	0	0	0	0	5	65	0	60	0	0	0	0	0	0
Sweet Tea Raspberry Flavored Small	16 fl oz	170	0	0	0	0	0	5	43	0	40	0	0	0	0	0	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
K-Cup® Packs																	
Dark Roast K-Cup®	1 K-Cup Pack																
Dunkin' Decaf K-Cup®	1 K-Cup Pack																
French Vanilla K-Cup®	1 K-Cup Pack																
Original Blend K-Cup®	1 K-Cup Pack																
Pumpkin K-Cup®	1 K-Cup Pack																

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
K-Cup®#174; Packs																	
Milk Chocolate Hot Cocoa K-Cup Packs	1 K-Cup Pack	70	25	3	2.5	0	0	210	9	1	6	1	0	0	2	4	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Muffins																	
Blueberry Muffin	1 Muffin	460	130	15	3	0	60	450	76	2	44	6	2	0	2	15	
Chocolate Chip Muffin	1 Muffin	550	180	21	6	0	65	470	83	2	50	7	4	0	4	20	
Coffee Cake Muffin	1 Muffin	590	220	24	8	0	65	480	86	1	51	7	4	0	4	15	
Corn Muffin	1 Muffin	460	140	16	3	0	70	770	72	1	31	7	2	0	2	10	
Honey Bran Raisin Muffin	1 Muffin	440	120	13	2.5	0	55	410	74	4	40	7	2	0	6	15	
Pumpkin Muffin	1 Muffin	550	210	24	5	0	50	480	78	3	41	7	60	0	4	15	
Reduced Fat Blueberry Muffin - 25% Less Fat than our regular Blueberry Muffin	1 Muffin	410	90	10	2	0	55	620	75	2	40	7	2	0	2	15	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Munchkins																	
Blueberry Munchkin	1 Munchkin	70	30	3.5	1.5	0	5	50	9	0	5	1	0	0	0	2	
Cinnamon Cake Munchkin	1 Munchkin	60	30	3.5	1.5	0	5	65	6	0	3	1	0	0	0	2	
Glazed Cake Munchkin	1 Munchkin	70	30	3.5	1.5	0	5	65	8	0	4	1	0	0	0	2	
Glazed Chocolate Cake Munchkin	1 Munchkin	70	30	3.5	1.5	0	85	8	8	0	4	1	0	0	0	2	
Glazed Munchkin	1 Munchkin	70	35	4	2	0	0	80	7	0	3	1	0	0	0	2	
Jelly Filled Munchkin	1 Munchkin	80	35	4	2	0	0	85	9	0	2	1	0	0	0	2	
Plain Cake Munchkin	1 Munchkin	60	30	3.5	1.5	0	5	65	6	0	2	1	0	0	0	2	
Powdered Cake Munchkin	1 Munchkin	60	30	3.5	1.5	0	5	65	7	0	3	1	0	0	0	2	
Pumpkin Munchkin	1 Munchkin	60	25	2.5	1	0	5	75	9	0	4	1	0	0	0	2	
Sugared Munchkin	1 Munchkin	60	30	3.5	1.5	0	5	65	6	0	2	1	0	0	0	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Other Bakery																	
Apple Fritter	1 Fritter	410	150	17	7	0	0	380	60	2	27	6	0	0	2	10	
Biscuit	1 Biscuit	320	150	17	10	0	0	740	35	1	3	6	0	0	4	15	
Blueberry Coffee Cake	1/8 Cake	190	60	6	1.5	0	20	170	31	1	17	3	0	0	2	4	
Brownie	1 Brownie	440	210	23	5	0	55	250	58	1	49	3	2	0	2	10	
Chocolate Chip Coffee Cake	1/8 Cake	230	80	9	2.5	0	25	180	34	1	20	3	2	0	2	8	
English Muffin	1 Muffin	140	5	0.5	0	0	0	130	29	7	2	4	0	0	8	10	
Flatbread	1 Flatbread	160	25	3	0.5	0	0	270	29	3	2	5	0	0	4	6	
French Roll	1 Roll	260	10	1.5	0	0	0	550	52	2	2	9	0	0	4	25	
Glazed Fritter	1 Fritter	410	150	17	7	0	0	380	60	2	27	6	0	0	2	10	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Other Bakery																	
Homestyle Apple Pie	1 Pie	280	130	14	5	0	0	240	36	1	15	3	10	2	2	6	
Original Coffee Cake	1/8 Cake	230	80	9	3	0	25	180	33	1	20	3	2	0	2	6	
Plain Croissant	1 Croissant	330	160	17	8	0	0	370	37	2	5	7	2	0	4	10	
Pretzel Twist	1 Pretzel Twist	280	25	2.5	1	0	0	1340	54	2	2	10	0	0	10	0	
Pumpkin Coffee Cake	1/8 Cake	210	80	9	2	0	20	170	30	1	17	2	20	0	2	6	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Other Hot Beverages																	
Dunkaccino® Large	20 fl oz	490	200	22	18	0	15	450	71	1	54	4	2	0	8	4	
Dunkaccino® Medium	14 fl oz	350	140	16	13	0	10	320	51	1	38	3	2	0	6	4	
Dunkaccino® Small	10 fl oz	240	100	11	9	0	10	220	35	1	26	2	2	0	4	2	
Dunkaccino® Xlarge	24 fl oz	540	220	24	19	0	15	480	78	1	58	5	2	0	8	4	
Mint Hot Chocolate Large	20 fl oz	420	120	13	12	0	0	530	72	3	54	3	0	0	6	6	
Mint Hot Chocolate Medium	14 fl oz	310	90	10	9	0	0	390	52	2	39	2	0	0	4	4	
Mint Hot Chocolate Small	10 fl oz	220	60	7	6	0	0	270	36	1	27	1	0	0	2	2	
Mint Hot Chocolate XLarge	24 fl oz	520	140	16	15	0	0	650	87	3	65	3	0	0	6	6	
Original Hot Chocolate Large	20 fl oz	450	130	15	14	0	0	560	81	3	62	4	0	0	6	8	
Original Hot Chocolate Medium	14 fl oz	320	90	11	10	0	0	400	58	2	44	3	0	0	4	6	
Original Hot Chocolate Small	10 fl oz	220	60	7	7	0	0	270	39	2	30	2	0	0	2	4	
Original Hot Chocolate XLarge	24 fl oz	490	140	16	15	0	0	610	88	3	67	5	0	0	6	10	
S'mores Hot Chocolate Large	20 fl oz	450	120	13	13	0	0	460	80	3	59	2	0	0	4	6	
S'mores Hot Chocolate Medium	14 fl oz	340	90	10	9	0	0	340	60	2	44	2	0	0	2	4	
S'mores Hot Chocolate Small	10 fl oz	220	60	7	6	0	0	230	40	2	30	1	0	0	2	2	
S'mores Hot Chocolate Xlarge	24 fl oz	550	150	16	15	0	0	560	98	4	73	3	0	0	4	6	
Salted Caramel Hot Chocolate Large	20 fl oz	420	130	14	13	0	0	600	70	2	54	4	0	0	8	4	
Salted Caramel Hot Chocolate Medium	14 fl oz	310	90	10	10	0	0	440	52	1	40	3	0	0	6	2	
Salted Caramel Hot Chocolate Small	10 fl oz	220	60	7	7	0	0	300	36	1	28	2	0	0	4	2	
Salted Caramel Hot Chocolate Xlarge	24 fl oz	520	150	17	16	0	0	730	86	2	66	5	0	0	10	4	
Turbo Hot Chocolate Large	20 fl oz	450	130	15	14	0	0	560	81	3	62	4	0	0	6	8	
Turbo Hot Chocolate Medium	14 fl oz	320	90	11	10	0	0	400	58	2	44	3	0	0	4	6	
Turbo Hot Chocolate Small	10 fl oz	220	60	7	7	0	0	270	39	2	30	2	0	0	2	4	
Vanilla Chai	14 fl oz	330	70	8	8	0	10	180	53	1	45	11	10	2	30	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Packaged Coffee																	
Colombian Packaged Coffee	1 Packaged Coffee Pack																
Ground Dark Roast Packaged Coffee	1 Packaged Coffee Pack																
Ground Dunkin' Decaf Packaged Coffee	1 Packaged Coffee Pack																
Ground French Vanilla Packaged Coffee	1 Packaged Coffee Pack																
Ground Hazelnut Packaged Coffee	1 Packaged Coffee Pack																
Ground Original Blend Packaged Coffee	1 Packaged Coffee Pack																
Hazelnut Packaged Coffee	1 Packaged Coffee Pack																
Pumpkin Packaged Coffee	1 Packaged Coffee Pack																
Whole Bean Original Blend Packaged Coffee	1 Packaged Coffee Pack																

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Wake-Up Wraps																	
Bacon, Egg & Cheese Wake-Up Wrap	1 Wrap	180	80	9	4	0	40	520	14	1	1	9	4	0	10	4	
Egg & Cheese Wake-Up Wrap	1 Wrap	150	70	8	3.5	0	40	420	13	1	1	7	4	0	10	2	
Egg White Turkey Sausage Wake-Up Wrap	1 Wrap	150	50	6	2.5	0	15	420	14	1	2	10	8	0	15	4	
Egg White Veggie Wake-Up Wrap	1 Wrap	150	60	7	3	0	15	360	14	1	1	9	6	6	15	2	
Ham, Egg & Cheese Wake-Up Wrap	1 Wrap	170	70	8	3.5	0	45	560	14	1	1	10	4	0	10	4	
Sausage, Egg & Cheese Wake-Up Wrap	1 Wrap	260	150	17	7	0	60	680	14	1	1	12	4	0	10	6	
Turkey Sausage Wake-Up Wrap	1 Wrap	210	100	11	4	0	55	550	14	1	0	13	6	0	10	6	

Allergy sufferers should always read the product ingredient statement and allergen information available at www.DunkinDonuts.com Please note that our restaurants prepare and serve products that contain allergens other than the products you select.

Dunkin' Donuts has made a reasonable effort to provide nutritional and ingredient information based upon standard product formulations and following the FDA guidelines using formulation and nutrition labeling software. Variations may occur due to: seasonal conditions; regional differences; ingredient substitutions and differences in product assembly or size at the restaurant. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all restaurants. The information

on these printed materials may vary from that which may be available in our restaurants. We will update www.DunkinDonuts.com frequently, so please revisit this site for the most current information. Any customers with further questions regarding specific dietary concerns are advised to visit www.DunkinDonuts.com or call our customer care line at 800-859-5339.